

DADS, MOMS & KIDS: MAXIMIZING A FAMILY'S MENTAL HEALTH AND WELL-BEING

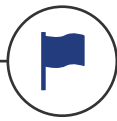
www.menandfamilies.org

WHEN:

Saturday, December 2, 2017
from 1:00 pm – 4:30 pm

WHERE:

The Cardel Theatre
180 Quarry Park Blvd SE, Calgary, AB.



START: 1:00 TO 1:45

Registration, FREE Drinks & Snacks, Socializing/
Networking and Fund-Raising

KEYNOTE ONE (30 minutes)

Keeping Your Family Together:
*Kids Need Two Parents (Shared Parenting) and Avoiding
Parental Alienation & Estrangement*

(SPEAKER: Dr. Christine Giancarlo,
Mount Royal University)

PANEL DISCUSSION/FACILITATED CONVERSATION WITH LOCAL EXPERTS (45 minutes)

(MODERATOR: Christine Giancarlo)

Topics/Themes to be discussed include:

-Family Law/Court:

Making It Work for Your Family and Your Kids.

-Family Law:

How to navigate the court system without breaking
up your family.

-Psychology:

How your kids are affected when your family breaks up.

-Psychology:

Parenting - Best practices when a family breaks up.



KEYNOTE TWO (30 minutes)

Maximizing Mental Health & Well-Being For Your Family:
*Avoiding Fractured Families: Common Issues/Concerns,
Overcoming Stigma and Creating/Implementing Solutions*

(SPEAKER: Dr. Robert Whitley,
McGill University)

PANEL DISCUSSION/FACILITATED CONVERSATION WITH LOCAL EXPERTS (45 minutes)

(MODERATOR: Robert Whitley)

Topics/Themes to be discussed include:

- The Best Mental Health Practices for
Keeping Your Family Together.
- Suicide and Your Family.
- Counselling and Your Family.
- Counselling and Your KIDS.

END: 4:30

<http://cardeltheatre.com/index.php/about>



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