

The 51st Banff International Conference on Behavioural Science

School Mental Health: Equipping Schools and Communities to Support Student Mental Health

March 17 to 20, 2019
Banff, Alberta, Canada



The Banff Centre

Schools have an important role to play in promoting student mental health and identifying and responding to mental health problems. In many cases, Canadian schools are the front lines for children's mental health and are in a unique position to offer mental health promotion and services in a setting that has access to youth. For schools to live up to the promise offered by a comprehensive vision of school mental health, there need to be effective practices that fit the structures of the education system and meet the needs of diverse children and youth. School-community partnerships are also critical for ensuring a comprehensive system of care.

The 51st annual Banff International Conference on Behavioural Science will highlight both the challenges and opportunities of school mental health, with an emphasis on identifying practical implications for mental health professionals, educators and administrators, and researchers. Leading experts will provide up-to-date research findings in plenary addresses. In addition, workshops will emphasize skill development and specific strategies from a range of evidence-based programs and practices. The conference is geared towards professionals who are planning, implementing, and evaluating mental health services for students in elementary and secondary schools, as well as community partners who support this work.

Plenaries

Toward System-Wide School Mental Health: Successes and Future Directions in Canada and the United States
Kathy Short, School Mental Health ASSIST, Ontario and Mark Weist, University of South Carolina

A Multi-tiered Approach to Safe, Supportive, and Trauma-responsive Schools
Sharon Hoover, National Center for School Mental Health, University of Maryland

Bullying and Mental Health: How Victimization Gets Under the Skin
Tracy Vaillancourt, University of Ottawa

Relationships-based Approaches to Mental Health Promotion and Violence Prevention with Diverse Youth
Claire Crooks, Centre for School Mental Health, Western University

Breaking Down Silos between School and Community Mental Health
Ian Manion, The Royal Ottawa Health Care Group, Institute of Mental Health, University of Ottawa

Workshops

Implementing Science: Supporting Evidence-based, Implementation-sensitive Mental Health Promotion and Prevention in Schools
Kathy Short, School Mental Health ASSIST, Ontario

Teacher Education for Mental Health
Susan Rodger, Centre for School Mental Health, Western University

STRONG Resilience Intervention for Newcomer Children and Youth
Sharon Hoover, National Center for School Mental Health, University of Maryland

From Evidence to Impact: Supporting Effective School Mental Health Practices with Multi-level Implementation Strategies
Aaron R. Lyon and Eric J. Bruns, University of Washington SMART Center

Evidence-based Practices to Reduce Behaviour Problems in Elementary School Classrooms
Carl Sumi, Centre for Learning and Development, SRI Education

From Avoiding Risk to Nurturing Resilience: Transforming Drug and Gambling Education
Dan Reist, Canadian Institute for Substance Use Research, University of Victoria

Promoting Resiliency and Well-being among LGBT2Q+ Youth through a Group Intervention
Claire Crooks and Alicia Lapointe, Centre for School Mental Health, Western University

Advancing School Mental Health Globally: The School Mental Health International Leadership Exchange
Mark Weist, University of South Carolina and Kathy Short, School Mental Health ASSIST, Ontario

For more information <https://banffbehavsci.ubc.ca/>



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Accommodations

We encourage all attending delegates to book their accommodation at The Banff Centre. Onsite accommodation supports the evening sessions and banquet, as well as enhances networking opportunities. A block of rooms has been reserved at The Banff Centre. An Accommodation/Meal Package has been arranged for March 17-21, 2019. The Package includes four nights accommodation (commencing Sunday, March 17), four Vistas buffet breakfasts, three Vistas buffet dinners and a plated Banquet dinner (Tuesday, March 19), service charges, wireless internet access in bedrooms, parking, and access to the Sally Borden Recreation Facility. Meal package commences Sunday, March 17 with Vistas buffet dinner and ends with Vistas breakfast on Thursday, March 21. Tables will be identified in the Dining Room for all scheduled meals, for those conference delegates wishing to network with their peers. One- and two-bedded accommodation/meal daily package rates are SINGLE: \$224.03 per person and DOUBLE \$146.53 per person. Prices are exclusive of 5% GST, 4% Alberta Tourism Levy Tax, 2% Tourism Improvement Fee, and \$15/day/room Facilities Fee, and are quoted in Canadian Dollars (CAD). Single room rates apply to one conference delegate staying alone or sharing the room with a companion who is not a conference delegate. A \$100.00 CAD off-site fee will apply to all delegates whose accommodation is off-site and is payable at time of registration. The offsite fee is not applicable to the one-day registration.

To book your accommodation/meal package at The Banff Centre, please call Toll Free 1-800-884-7574 (direct 403-762-6100) and advise them that you are attending the Banff Conference on Behavioural Science. The Reservations Office is open Monday-Friday from 8:00 a.m. – 5:00 p.m. MST.

Conference Registration

The registration fee is \$450 CAD on or before February 15, 2019, and \$525 CAD for registrations postmarked after this date. For full-time students, residents and interns, the registration fee is \$150 CAD on or before February 15, 2019, and \$185 CAD for registrations postmarked after this date. For those requesting the student rates, you will be asked to provide current student identification at the conference registration desk. The conference registration fee includes buffet lunch and coffee/tea service on Monday, Tuesday, and Wednesday. The conference registration does not include workshop fees (\$80 CAD/workshop). The one-day registration fee is \$275 CAD. Full registration fee is required if booking more than one day. All registrations must be prepaid. A \$100 CAD processing fee will be charged for all cancellations on or before February 15, 2019, and no refunds will be given after this date. GST (5%) is required on all registration and workshop fees. The Conference is organized by Banff Conferences on Behavioural Science, registered under the *Canadian Not-for-profit Corporations Act*.

[**REGISTER HERE**](#)

Planning Committee

Claire Crooks (Co-Chair)
Sharon Hoover (Co-Chair)
Robert J. McMahon (Co-Chair)
Ray DeV. Peters (Co-Chair)
Kenneth D. Craig

Centre for School Mental Health, Western University
National Center for School Mental Health, University of Maryland
Simon Fraser University and BC Children's Hospital Research Institute
Queen's University
University of British Columbia

Call for Papers

A poster session will be held on Monday, March 18th as part of the evening reception. Submissions should be data-based and related to the conference theme. Abstracts (250 words) should be submitted to Ms. Michelle del Vasto at mdelvas@uwo.ca by February 15, 2019 for consideration.

For more information <https://banffbehavsci.ubc.ca/>