

# Psymposium

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## BOARD NOTES



**David Piercey,  
Ph.D.  
President**

For this issue, I would like to mention just three specific activities we are engaged in. These activities are aligned to the goals and priorities of our Board's 2012-2015 Strategic Plan, and particularly relate to our priorities in public education and in advocacy where the voice of psychology can be brought forward.

Two of these activities fall within the general area of psychological services for children.

In May, our School Psychology Committee was approached by a Provincial Legislative committee, the Standing Committee on Families and Communities, to provide input on a private member's bill, the Irlen Syndrome Testing Act. Sponsored by an MLA whose grandson was reportedly diagnosed and treated for this apparent condition, the proposed Act would make it mandatory to screen all school age children experiencing learning difficulties for "Irlen Syndrome", so that those who are

diagnosed could then be provided with special colored lenses to ameliorate reading delays. In response to the legislature's standing committee, Dr. Michael Zwiers, from the Faculty of Education, University of Calgary, and the co-chair of our school psychology committee, performed a meta-analysis of the available literature and determined that research in support of Irlen Syndrome is as yet limited in quantity and quality and divided in its findings. Our written response back to the committee in July, and our recommendation, is that supporting such unsubstantiated interventions would be unwarranted, and that greater attention should instead be directed towards more comprehensive early identification of learning difficulties using reliable and valid psycho-educational assessments. Although we, and a number of other professions and educational associations, have provided similar professional opinions as input to this committee (we were mentioned, for example, in an *Edmonton Journal* article, August 17, 2013, page B3) we are as yet unsure of the eventual determinations around this proposed Act.

In another section of this issue, I have written, as a member of the School Psychology Committee, a brief article on the new *Education Act*, outlining a few areas which may be of immediate interest to those of

**PSYCHOLOGISTS'**

ASSOCIATION of ALBERTA

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Article deadlines are February 10, June 11 and October 12. For information on submission procedures or current advertising rates contact the PAA office. Advertising deadlines are February 17, June 18 and October 19.

If you wish to submit letters to the Editor or submit articles for possible publishing in *Psymposium*, please send them to the PAA office at [rose@psychologistsassociation.ab.ca](mailto:rose@psychologistsassociation.ab.ca).

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our membership working with families and children around schooling issues. Our School Psychology Committee, now beginning its third year, originally began as a Task Force of the Board, and developed a position paper on the pivotal role of school psychology in response to the public consultations occurring on the future of public education (“Setting the Direction”, “Action on Inclusion”, etc.) at that time. However, our stakeholder involvement *as a profession* was otherwise quite limited in the initial consultation process around the drafting of the new *Act*. Subsequently, and now with the passing of the new *Education Act*, more input is being solicited for regulations which may be revised or developed to go along with the new *Education Act*, and our Committee is currently in application to present our vision of how psychology can be incorporated into the provision of specialized supports and services for school age children. The danger here otherwise is that psychology, although sometimes seen as an allied education profession (along with e.g., speech and language therapy), is not recognized as a core education profession, and will continue to be seen as optional, rather than central, in the provision of specialized supports and services. Certainly our Faculties of Education, with their graduate programs in school and child psychology, would have an opinion on the essential nature of our contributions within education!

The third area I want to mention is our continuing intent to move forward with advocating for the restriction of use of title “psychologist” to those who hold a doctoral degree. This is an initiative of the Council of the Practice Directorate of the CPA, (composed of Executive Directors or Presidents of all the provincial and territorial psychological associations in Canada), and was endorsed by majority vote of that Council in June 2012. Our Executive Director, Pierre Berube, our member on this Council, voted in favour of this, and only after surveying our membership by vote in May 2012, which then indicated that a majority of Alberta psychologists were in favour of this action.

The doctoral standard *for title*, is quickly becoming the North American standard, and has been or is being, adopted by the majority of Canadian provinces and American states for the title of “psychologist”. It is not, however, a restriction on *practice*, as not only are any current Masters level practitioners grandfathered with full title, new Masters level practitioners otherwise become registered and

regulated as, e.g., “psychological associates” (or some other such designation) to indicate the educational difference. The adoption of the doctoral standard *for title* is inextricably tied up with public perception and assurance of the training of those providing psychological services; the recognition that doctoral training is different, in degree and in kind (i.e., allowing for greater specialization and immersion in an advanced curriculum of scientific study) than Master’s level training; that most universities now consider Masters training as only an introduction to the profession; and that accreditation of university training programs in psychology can only occur at the doctoral level.

After initial favorable response by senior officials in Alberta Health, and letters of support endorsing our intentions from the Practice Directorate, the Canadian Psychological Association, the American Psychological Association, and the Canadian Register of Health Psychologists, we have recently received letters from both the Minister of Health and the Minister of Advanced Education indicating our College as our regulatory body, would also have to support this position. Consequently we will continue in discussions with CAP around this issue. This may well be difficult for all of us to agree on, as we need to ensure public perception of, and access to, psychological services is not compromised. It may also be a hard sell for government which, in this time of apparent restraint, may be reluctant to acquiesce to any new standard that could end up with financial implications. Of course, if we fail to adopt a new standard for increased credentialing, I believe we run the risk of becoming marginalized and undervalued in our contribution to the Alberta public and its well-being, as well as to the perception of our province as a responsible provider of services on the North American stage.

So, we continue moving forward, wondering whether our voice can be recognized within such consultations as mentioned in the first two instances, and what the understanding of our profession, and its evidence-based curriculum of professional training, really amounts to in our advocacy and education with government, who nevertheless may make decisions about professional services with only limited understanding of our roles.

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## EDITOR'S LETTER



*Frank McGrath, Ph.D., R. Psych.*

The snow and wind are biting a little early this year. Maybe it is those years of hunkering down, grinning and bearing it, that have me noticing more the changing weather patterns. Or perhaps my thinning skin notices the birds shivering more and settling into the wrong trees – I mean way off course. Did you miss the monarchs this year?? We do not need meteorologists or climate modelling to know in the souls of our boots that something very unsettling is amok in global weather patterns.

The June flood in Calgary reminded us intimately of this unsettling – and our vulnerability. I was away from the city on the night of the great flood and came to know the devastation through text messages cancelling our canoe trip planned for that weekend on the Bow. A wild ride that one would have been! We did get to make that trip in September and found the river to have been permanently altered... and slightly more dangerous.

The countless stories of heroics and generosity in Calgary were as gratifying as the damage was horrifying – stories mostly told to me through first responders – some of whom were rescuing others while their own homes were under threat.

In this issue Dr. Michael Trew, the Chief Mental Health Officer, Government of Alberta poignantly shares the importance of rescuing the minds and hearts of those affected and acknowledges the hard work of Psychologists in this arena as well as the challenges remaining over the long term. Terry Wilton's, R. Psych, apt discussion of the important role of compassion in psychotherapy speaks to what it takes beyond a particular models's skill set. And Gwen Randall-Young, R.Psych, challenges us to forego ego-centric perspectives in trauma work and lovingly help others "ease out of their pain." As a great example of both trauma and recovery Amanda Baird, M.A., reviews Gabriel Orion Marie's books about living and surviving serious childhood trauma.

On the pragmatic side of things Michelle Vandegriend, Ph.D. reviews a Canadian ethics book which has been long overdue and Shawn Crawford, Ph.D. presents a review by David Piercey, Ph.D., of the changes to the Alberta's New Education Act which may open up significant opportunities for Psychologists in the school systems. In another article David Piercey outlines the rationale for changing the minimum standard for use of the title of "Psychologists" to Doctoral degree holders.

In our Profiles in Psychology series – Deborah Dobson, Ph.D. interviews Ganz Ferrance, Ph.D. whose graduate work in African studies helped him work with marginalized youth in Chicago before moving to Alberta. While practicing what he preaches he has led the way for mental health awareness – most recently in Fort McMurray. Rather than shun away from the media he has embraced it as an opportunity to demystify Psychology to the public. He also provides us with a few pointers in the event that we have similar media opportunities.

As many of you know we have been excited to have Judi L Malone Ph.D. come aboard as our new Director of Education and Communications. In this issue she introduces herself and her role to us. I, for one, am looking forward to working closely with her.

I wish you all the best in the New Year and continued inspiration from your clients, patients, family and friends.

*Frank W. McGrath, Ph.D. R. Psych.*

*McGrath & Associates*

*Calgary, Alberta*

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## ALBERTA FAMILY WELLNESS INITIATIVE

<http://www.albertafamilywellness.org>

Check out the link to The Alberta Family Wellness Initiative website, where there are many useful presentations from the Norlien Foundation's symposia on Early Brain and Biological Development, as well as on Addictions.

## THE UNIVERSE WITHIN

by Gwen Randall-Young, R. Psych.

### Releasing With Joy and Ease

*“Bless a thing and it will bless you.  
Curse it and it will curse you..”*

Emmet Fox



Sometimes life seems like a struggle. There may be ongoing big issues with which to deal, or it may just be one of those days when everything seems to go wrong. The natural tendency is to brace ourselves, react, or go into contraction. It is almost as though we are trying to shut ourselves off from, resist or oppose whatever is happening.

When we respond this way our muscles get tight, our breathing becomes more shallow, stress chemicals are released in the body, blood pressure may go up, and we may even experience problems with digestion and sleep.

We tell ourselves life should not be like this: these things should not be happening to us. We just want our lives to go smoothly and everything to go the way we think it should. Of course this is our ego talking from its own limited perspective.

The problem is that we are involved in a much larger life script than ego could ever imagine. There are many players in the script, and it is most certainly not all about us. If we were acting in a play, even if the person we were playing was going through intense difficulties, we would not take it personally: we would simply play out the part. We might even be quite relaxed about it, knowing that the character is struggling, but we do not have to join in that struggle.

In life, it is ego that reacts to all that transpires. If we are connected with our souls, then we can observe what is being played out and how ego is reacting. Like a reassuring parent, we can tell ourselves that this is not the end of the world, and we will get through it.

My massage therapist talks about releasing difficulties with

joy and with ease. At first this seems a little strange, to think of joy co-existing with something that is painful or difficult. However, it is ego that holds on, perceives things as terrible, unfair, or aggravating. There can certainly be joy and ease in letting all of this negativity go.

In fact, joy and ease cannot truly co-exist with struggle and pain, so if we move into a place where we allow ourselves to feel those positive qualities, the struggle does seem to evaporate. I imagine a young child complaining that a sibling is causing distress. The mother responds by suggesting the child go to a different room and do something fun. If the child does this, immediately their life experience in that moment has changed.

Of course in adult life it is not always quite that simple, but often it is. Issues we have with other people can often simply be let go. For those things that are within the normal range of life—kid’s homework, car breakdowns, tight finances and the like—we need simply remind ourselves that this is the norm. It is part of the territory. Life is not always a breeze and when it is not we just hunker down and do what needs to be done in the best spirit we can muster.

Then there are the real challenges: serious illness or death of a loved one. There is no question that these will hit us harder, and emotions will run high. We will go through all the stages associated with these traumas: anger, denial, sorrow, grief, resentment, and pain. We cannot release these emotions so easily, nor should we. Experiencing them is part of the healing or coming to terms with what is.

Ultimately though, we can come to a place where we see it is all part of this experience that is life. There are beginnings and endings, joys and sorrows, holding on and letting go. Even in these more serious life circumstances, we can still eventually release all that has burdened us, with joy and with ease. We do this by holding others and ourselves in a place of love, and having compassion for all that comprises this experience of being human. It is, after all, and in spite of it all, a sacred journey.

*Gwen Randall-Young is a psychotherapist in private practice and the author of **Growing Into Soul: The Next Step In Human Evolution**. For articles, and information about her books and “**Deep Powerful Change**” personal growth/hypnosis CDs, go to [www.gwen.ca](http://www.gwen.ca)*

## PROFILES IN PSYCHOLOGY

by Deborah Dobson,  
Ph.D., R. Psych.



Deborah Dobson

*Dr. Ganz Ferrance completed his undergraduate degree at the University of Alberta and then took his graduate training and internship in the United States. He has worked in Fort McMurray and Edmonton, as well as in other parts of Alberta, including Bonnyville, Cold Lake and Lac LaBiche. He is the owner and director of The Ferrance Group, which provides services to individuals, couples and families as well as organizations such as the Royal Canadian Mounted Police, Syncrude Canada Ltd., Suncor and the Regional Municipality of Wood Buffalo. He has been on the Board*



Dr. Ganz Ferrance

*of the Psychologists' Association of Alberta and has won several awards, including the John G. Paterson Media Award. He has made regular appearances on television, including CTV Edmonton News at Noon, CTV Good Morning Canada and is a monthly member of Health Panel for Alberta Prime Time—CTV2. This work has helped disseminate and promote the work that psychologists do and served to demystify psychological processes for the general public.*

**You completed your Ph.D. in Counseling Psychology at Andrews University in Michigan and did research on the relationship between Afro-centre Worldview and marital satisfaction in African-American couples. Can you comment on some of your early experiences in training in Michigan as well as the implications of your research? What are a few examples of how your training affects your worldview now?**

I had a great experience studying in the United States. Traveling and being in a different culture is its own

special education, which is an addition to the actual educational experience of the university training. Living in the U.S. made me appreciate the differences between both countries and appreciate different aspects of both countries. In the U.S., I noticed a very strong sense of patriotism, which helps unite the population. It tends to be easier to “get ahead” if one is ambitious, however, this attitude can have a “dog eat dog” sense at times. In Canada, I’ve noticed that we tend to look out for and look after each other. My experiences helped me appreciate that we have a much more stable middle class within Canada.

My hypothesis for my research was that the “Afrocentric” worldview would lead to higher marital satisfaction because it tends to be more egalitarian than the “Eurocentric” worldview prevalent in western culture. There was no statistical difference found, however, it did make me think more about how different people see the world and what this leads to in their experiences. It also made me much more aware of how minority and marginalized groups see the world as well as what many have to do to survive emotionally and in other ways. It made me much more sensitive to these factors. This understanding helped me in my Doctoral internship. I worked in the Chicago area with disadvantaged kids, most of whom were Hispanic and African-American with heavy gang ties. The location of the school that I worked in had one of the highest concentrations of gang activity in the U.S. We ran a token economy and I learned the behavioural model very well because we had to learn to control difficult behaviours. I was trained in the use of physical restraints, as there was considerable potential for physical violence. Most of the children had either a probation or parole officer. The team of staff and trainees had to really learn how to work together as a team, as we literally had to “watch each others’ back”. Through this experience, I was able to understand more easily how the students in the school saw the world and was able to connect with them more quickly. Many of these skills have been very useful in my work, such as being able to quickly build rapport, to deescalate tense situations and to remember that each environment that we are in is only one “slice of reality” and that we must remember to have different viewpoints and not lose perspective because of the environment that we are in.

Finally, being strong, confident and having positive energy will take a person a long way and make a big difference in how we are perceived by other people.

My training now affects my worldview in that I see the world in terms of how our minds work and relationships. I also try to apply everything I learn to myself and my life first - before asking others to try it. That way I get to benefit personally from what I learn and have more credibility as a therapist.

**Congratulations on winning the Rosalind Smith Award in 2012 from the National Black Coalition of Canada. Could you tell me a bit about some of your service in the community that led to this award?**

This award was for my work with the media. Part of the issue with visible minorities is that many misperceptions exist with few opportunities to address them. It makes a difference to have someone of African descent be visible in the mainstream media. This visibility helps to adjust these perceptions in a positive way. It is also good for minority youth to see someone that looks like them in a position of credibility and getting media exposure. We take in about 80% of our information through our eyes, so people seeing healthy, positive images goes a long way.

**You have worked and taught in Fort McMurray for a number of years. Could you comment on some of the issues that you see arising in this or similar communities, as well as some of the changes in the past 10 years? Do you have any suggestions for psychologists doing similar work?**

Fort McMurray is an interesting place. There is so much work and so many people that the infrastructure is constantly strained. Work-life balance and relationship skills are huge needs everywhere but especially in an environment like that where everything is moving so fast, and people tend to be isolated from most of their social supports. In the past 10 years both the local government and the major employers have been moving to provide more supports and information about healthy living and healthy choices. There are limited services available and we all do what we can to help other people with psychological problems.

What I suggest to psychologists is to lead by example and make their own self-care a sacred undertaking. I also suggest they get together within small groups or with work partners for peer supervision and consultation. Seeking out other mentors outside of small, isolated communities like that is also extremely helpful to both the psychologist and the community he or she serves.

**Your work in the media has been recognized by the Psychologists' Association of Alberta. Many psychologists are somewhat anxious when approached by the media. Can you provide some tips on speaking with the media?**

I was first approached by the media in Fort McMurray to do interviews and initially turned down requests due to nervousness, which is similar to many people in our field. I realized, however, that we weren't doing a good job of letting the public know that we were there. I started doing a local radio show in Fort McMurray and continued this type of work following my move to Edmonton. Some tips for speaking with the media are as follows:

1. Relax! They want you to look good.
2. Think about having a conversation NOT doing a presentation. So speak in short (7-14 second) sentences and give the interviewer a chance to interact with you and ask questions.
3. The interviewer or host represents the audience. Focus on and talk to them.
4. Be a real human. Most people already think we are a different species and are scared of us. They need to see us as regular people with special skills as training that want to help.
5. Get media trained! It's a learned skill like everything else we do. I offer coaching in this area if anyone is interested and was trained by Shawn DuPeron at shawntv.com. I highly recommend her training.
6. It's about who you are much more than what you say. (Your personhood is more important than your information - but have good information too!)

**It seems as though you've had an exciting and diverse career, providing individual and group services,**

**workshop, teaching and working in the media. It is important for psychologists to communicate in ways that reach many people and you've had success with this. How do you prepare for an interview for television?**

I think about the answers to the questions and how I can present them in the quickest easiest-to-understand terms I can. I realize that I don't have much time so I have to get the most important, biggest ideas out first. I usually write out my answers to get the main points down. Then I practice a few times to get the nerves out and refine my points. Then I work on relaxing (noticing my breathing, being quiet, visualizing success). Then I forget everything and just interact with the host like he or she is a friend and we're having a conversation.

**I have heard psychologists express concern regarding the use of social media in their practice. What are some of your thoughts on different types of communication strategies for psychology?**

I struggled with this myself. But I came to realize that we need to go where the people are. Exposing the public to psychologists as a useful force for good (real people) instead of quirky, egg headed introverts does a lot of good for our profession and allows us to reach more people sooner.

**What advice do you have for psychologists entering the field in 2013 and the future? What skills do you think will be important for them to develop?**

Skills that I think are essential are practicing what you preach, managing your own self-care and doing your own work. People are drawn to authenticity. When you can be authentic you do more good. Business understanding and marketing skills are also very important if you are going into private practice. During my graduate training, I had no exposure at all to business or marketing skills. A friend of mine was in a business program and invited me to attend one of his classes. This was my only "formal" training in school, otherwise, I have talked to people, had mentors, read books and attended seminars. As most psychologists do some private practice, I think that this training should be built into our education.

We can't do our best work when we struggle with the business side of things.

**I see that you provide workshops on work-life balance. What is your own approach to balance? In addition to your professional work, how do you enjoy spending your time?**

I enjoy learning and have an "inner nerd". I'm a fiend for basketball, hiking, reading, movies, music, and studying quantum physics, metaphysics and chaos theory. In order to ensure that I have work-life balance, I build these types of activities into my schedule. It helps to be on a team and have a responsibility to other people. Every day, we have a pull towards demands that are urgent, but it's important to differentiate the urgent from the important. This distinction will reduce the sense of crisis that we can develop in our daily lives. We can provide 100% effort for a short period of time or 80% effort for the rest of our lives. I try to model good balance in my life.

## Mental Health Central

[www.mentalhealthcentral.ca](http://www.mentalhealthcentral.ca) is a website or "hub," connecting Canadians through a central platform from which they may locate, promote or share mental health-related services, information, resources and research at **no charge**. It is a liaison for professionals, organizations, and individuals searching for or offering various mental health-related services, education, books, and events (whether non-profit or not) to the workplace, community and schools — a one-stop, service and resource centre offering **unlimited listings**.

For more information:  
1-888-275-8007  
[info@moodsmag.com](mailto:info@moodsmag.com)

A PROJECT BY  
**CHANGING  
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AND  
**moods**  
MAGAZINE

## WHAT WE DO...



by Terry Wilton, R. Psych.

I don't think that I have ever felt so proud to be a psychologist doing psychotherapy.

The essence of our work requires that we be the best of what a human being can be. To do our jobs well, we need to be clear thinking, emotionally in control and behaviourally disciplined, generous of spirit, compassionate and creative. Certainly we face complex problems, often with intense emotional suffering attached. But typically, as a result of our efforts, suffering is eased and functionality is returned. At times our work makes the difference between death and life for our clients.

Why this out-pouring of enthusiasm for our profession? Two books have recently given me cause to reflect what it means to be a psychotherapist. These two books have been featured by the Alberta Psychologists Competence Cooperative Book Club. These books have convinced me of the enormous validity that one has in being a psychotherapist. Both have taken a hard look at the mental health industry and come away with provocative findings.

The first book is The Great Psychotherapy Debate. Through the discipline and diligence of statistical meta-analysis the author, Bruce Wampold, reaches some startling conclusions. First, psychotherapy works. That is not so startling. But, secondly, psychotherapy doesn't work as a result of therapy interventions defined by particular theoretical approaches. Based on what we hear from the enthusiastic proponents of different therapy brands, that is startling. The most important contributor to outcome is "therapist effects".

Essentially, therapy is effective because the therapist is effective.

But even more shocking is the thesis of Anatomy of an Epidemic by Robert Whitaker. Whitaker is a journalist, perhaps a very good one as he was the recipient of a Best Investigative Journalism award for this book in 2010. Whitaker draws his conclusions from epidemiological analysis, a review of existing research on the drugs used to treat mental illness and his own interviews with mental health patients and experts. Whitaker concludes the drugs commonly used have limited benefit in the short term and may have significant adverse effects in the long term. While promising effective treatments, Whitaker proposes that psychiatric drugs are actually making society's mental health burden worse. For the compliant medication taker, the very medications they are prescribed may be making their symptoms both more chronic and more severe. That is a shock.

So what do I have to count on when I go into work and see the half dozen or so clients for the day? If the answer isn't in the therapy brands or the pill bottle, where is the answer to the human suffering and non-functional living my clients bring to me? And why do people get better anyway? Let me indulge myself the accumulated observations of over 35 years of practice.

Firstly, there is something adaptive and renewing built right into human nature. We know that as a species we have come to dominate the world through our adaptive processes. Something of that lives on in individual humans too. Clients come to us when this natural process is blocked – through therapy we are able to witness that blockage dissipate and the adaptive potential of human nature emerge. Built into the human psyche is the relentless capacity for psychological healing.

Secondly, there is something fundamentally wise about placing "relationship" as the foundation of our endeavor. We have the chance to be truly present with our clients, intentional on making our relationship with them be an asset in their lives. We get to do this repeatedly and for substantial blocks of time. During

that time we develop a richness of knowing together, and being together, that provides the matrix of growth and healing. We get to develop wisdom based on whole human narratives rather than just accounts of symptoms. How many human stories of healing, adaptation, growth and recovery have I heard in nearly four decades? Thousands, literally thousands.

Thirdly, as psychologists we have the benefit of the work of scientists/researchers who have identified basic human processes of development, motivation and emotion, thought and behaviour. By virtue of our education and training we come equipped into the therapy room with knowledge. Our work to acquire that knowledge has provided us with observational and critical thinking skills. Psychotherapy puts these powerful factors together to create wellness and functionality in our clients.

There is a view that psychotherapy works through the benefits of “common factors” that are shared by theoretically based intervention models. We can consider common such elements as our commitment

to the wellbeing and wellness of our client, our compassion toward our client’s suffering, the focused attention and acceptance on the subjective experience of our clients, the development of unique meaning and hope. Why do we call those “common”? What a misnomer. They might be common amongst therapies, but within our society they are “extraordinary”. What we do is unique within our culture, a culture that is so often absent of the very things that humans require to be psychologically well.

Yes I am proud to be a psychotherapist. Over the years pharmaceuticals and therapy models have sought to dominate the mental health field; we have been too quick to feel that our individual human efforts for our clients are of lesser value. Wampold and Whitaker clear that away. What happens in the therapy office is truly extraordinary. Something of which one can be proud.

Readers of this column may be interested in becoming a part of the Alberta Psychologists Competence Cooperative Book Club. Google us.

**A 2-Day Skills Training Workshop for the Progressive Goal Attainment Program (PGAP®):**  
An Evidence-Based Treatment Program for Reducing Disability Associated with  
Pain, Depression, Cancer and other Chronic Health Conditions



PGAP® is considered one of the most empirically supported interventions for targeting psychosocial risk-factors for disability. This training workshop is designed to equip psychologists and other allied health professionals with skills in psychosocial intervention strategies such that they may be better able to assist their clients in overcoming the challenges associated with debilitating health/mental health conditions. To date, clinical trials have supported the effectiveness of the PGAP for reducing disability and promoting return to work in individuals who has sustained work injuries, individuals with whiplash injuries, individuals with fibromyalgia, and individuals with mental health conditions such as depression and PTSD. The demand for the PGAP has increased dramatically over the past few years and is considered a preferred service by many injury and disability insurers in North America. The PGAP has been included in the 18th edition of the Official Disability Guidelines (Work Loss Data Institute, 2013) as an evidenced-based approach to the management of disability.

Date: March 14 & 15, 2014 (8:00am-4:00pm both days) Fee : Early bird rate: \$750 + GST, Regular rate: \$795 plus GST  
Location: Sheraton Cavalier Calgary Hotel, 2620 – 32<sup>nd</sup> Ave NE, Calgary, Alberta

Instructor: Psychologist, Dr. Michael J.L. Sullivan, is a Professor of Psychology, Medicine, Neurology, Physical Therapy and Occupational Therapy at McGill University

Website: [www.pdp-pgap.com](http://www.pdp-pgap.com)

Registration forms: <http://www.pdp-pgap.com/pgap/en/workshops.html>

## GETTING SCHOOLED

The new *Education Act* will come into force in Alberta for the 2015-16 school year, and will likely have significant implications for the practice of psychology in schools. Dr. David Piercey has outlined some of these changes, as well as potential implications which will be important to consider as we continue to promote best practices in school psychology within our province.



*Shawn Crawford, Ph.D. R.Psych.*  
*On behalf of the PAA School Psychology Committee*

### Alberta's New Education Act

*David Piercey, Ph.D.*

Psychologists who provide professional services to families and their children may be interested in provisions contained in the new *Education Act*, which received royal assent on December 12, 2012, and is expected to come into force for the 2015-2016 school year.

The new Act comes about after some significant public stakeholder consultation, begun in 2008 under then Minister of Education David Hancock, and with an expressed desire to move public education in Alberta more into the Twenty-first Century. Some of us may be familiar with the work of Alberta Education in managing the "Setting the Direction" and "Inspiring Education" initiatives, and may even have contributed as private individuals or as parents to these forums and discussions.

Although a regulatory review is currently underway to flesh out new regulations to accompany the Act, and consultations on possible regulations continue to occur, there are a few key points in the new Act to consider. While it is recognized that these key points may be of interest to all psychologists, this article will specifically focus on the interests and implications for school psychologists.

Students with special needs are no longer defined as "special needs students." Instead, the Act defines them as students "in need of specialized supports and services", as follows:

(3) Where a student's behavioural, intellectual, learning, communication or physical characteristics, or a combination of any of them, impair the student's ability and opportunity to learn, a board may determine that the student is in need of specialized supports and services.

(4) ... a student who is determined by a board to be in need of specialized supports and services is entitled to have access to those supports and services in an education program provided in accordance with this Act that will give the student the opportunity to meet the standards of education set by the Minister.

{**Responsibility to Students** 11(3) and (4)}

Boards are now required to:

(e) provide a continuum of specialized supports and services to students that is consistent with the principles of inclusive education,

and:

(f) collaborate with municipalities, other boards and community-based service agencies in order to effectively address the needs of all students and manage the use of public resources.

{**Board Responsibilities** 33(1)}

As boards consider their responsibilities here, school psychologists may discover an increasing demand for our provision of ongoing programming consultation and support, new expectations placed on us well beyond identification and diagnosis of those students for whom specialized programming is indicated.

A new area has been added on bullying, and was the contribution by Thomas Lukaszuk in his brief tenure as Minister of Education. In Section 31, headed "**Student Responsibilities**", a student, "as a partner in education", has the responsibility to:

(e) refrain from, report and not tolerate bullying or bullying behaviour directed toward others in the school, whether or not it occurs within the school building, during the school day or by electronic means",

Similarly, Boards must:

(d) ensure that each student enrolled in a school operated by the board and each staff member employed by the board is provided with a welcoming, caring, respectful and safe learning environment that respects diversity and fosters a sense of belonging",

{**Board Responsibilities** 33(1)}

and:

(2) shall establish, implement and maintain a policy

respecting the board's obligation under subsection (1)(d) to provide a welcoming, caring, respectful and safe learning environment that includes the establishment of a code of conduct for students that addresses bullying behaviour.

#### {Board Responsibilities 33(2)}

In fact, the new Act proclaims the third week of each November as "Bullying Awareness and Prevention Week", "to promote awareness and understanding of bullying and its consequences in the school community". This addition to the act may create an increased opportunity to facilitate bullying awareness programs in schools, or assist with developing district-wide strategies for bullying prevention, which would then lead to implementing evidence-based strategies, and evaluating effectiveness, within a program evaluation model.

Parents have been given enhanced roles and responsibilities. In recognition of their primary role in determining children's educational needs, they are expected to make informed decisions respecting the education of their children, and to play an active role in their children's educational success, working cooperatively and collaboratively with schools in ensuring their children are given opportunities for success. In Section 32, headed "**Parent Responsibilities**":

32 A parent has the prior right to choose the kind of education that shall be provided to the parent's child, and as a partner in education, has the responsibility to:

- (a) act as the primary guide and decision-maker with respect to the child's education.

In concert with these enhanced parent roles, school psychologists may face an increasing role in explaining possible programming alternatives to parents, or in advocating for their expectations with school administrations.

#### **Other Changes**

The right of access to education increases from those who are younger than 19 on or before September 1 of any given year to now include those who are younger than 21. Thus 19 and 20 year olds may continue their schooling, being given two year's additional time to perhaps graduate, return to school, or receive additional schooling supports in transition to adult life. Although such students do not necessarily have a right to attend the same schools with students ages 16-18, school boards must find ways to accommodate the needs of these older students. The age of compulsory attendance at school also increases from 16 years of

age to 17 years of age (unless the student has fully graduated from high school before age 17), in an attempt to ensure a broader range of competencies have been taught by the time the student chooses to leave school. These age changes may provide increased opportunity to be involved in new programs designed to accommodate students who would have previously left their schooling earlier, perhaps in counselling, or in developing transition plans.

Finally, school boards have now been given "natural person powers"; that is, the legal authority to make decisions any natural person may do. Such provisions already exist for other public organizations, and this is something the Alberta School Boards Association lobbied hard for, as it gives them more discretionary powers in making decisions. It probably also brings greater responsibility to act in the best interests of each student on a case by case basis, as any parent or guardian would reasonably be expected to do. For school psychologists, this is an area where our expertise may be particularly warranted and whereby we can increase our participation in programming decisions for students with complex programming needs.

#### **Conclusion**

The new Act does contain important changes which **may**, in the long run, lead to better supports and services for all children with a demonstrable need for enhanced supports and services, better decision making on the part of school districts working more collaboratively with parents, school psychologists, and other key stakeholders, and greater accountability for such decisions. Perhaps the urban-rural disparity in access to appropriate professional services, as anecdotally reported by parents in rural areas, may eventually disappear, as well as the "we have no money for testing or counselling" refrain.

We would also hope the new Act may lead to school psychology having a greater voice in the services and supports our families and their children receive from all schools. This may lead to more timely identification of complex learning and behavioral needs, to the utilization of clinically-trained psychologists for school counselling; and otherwise to the enhanced utilization of sound, research-based, psychological strategies in public education.

*Education Act* (2013) Edmonton: Alberta Queens Printer (found at: [http://www.qp.alberta.ca/1266.cfm?page=e00p3.cfm&leg\\_type=Acts&isbncln=9780779769346](http://www.qp.alberta.ca/1266.cfm?page=e00p3.cfm&leg_type=Acts&isbncln=9780779769346) references, October 10, 2013)

## BOOK REVIEWS



**Michelle Vandegriend, Ph.D., R. Psych.**

*Individuals wishing to submit book reviews should select books that are relatively current and likely to be of interest to practicing psychologists. Please note that due to space limitations, not all reviews will be accepted for publication. Book reviews should be 500 words or less and should follow the format of book reviews in any*

*recent edition of Psymposium. Book reviews should be forwarded to [rose@psychologistsassociation.ab.ca](mailto:rose@psychologistsassociation.ab.ca).*

*Submissions will be reviewed and edited by Michelle Vandegriend, Ph.D., R. Psych., Book Review Editor.*

### A Review of

***This White House (2013), Going Sane (2013) and A Spectacular Dawn (2013)***

**By Gabriel Orion Marie**  
*Createspace*

**ISBN: 9781482773125**

**ISBN: 9781483976082**

**ISBN: 9781482617849**

***Reviewed by Amanda Baird, M.A., R. Psych.***

After completing the literary and artistic journey that encompasses Gabriel Orion Marie's (G.O.M.) three books, [This White House](#), [Going Sane](#), and [A Spectacular Dawn](#), one's understanding of healing becomes altered. This work is an organized account of one woman's childhood trauma, her lifelong impacts, and her journey toward sanity. The language and artwork strips away the political correctness with which modern society discusses incestuous childhood sexual abuse and its impacts. Through G.O.M., readers are given a first person, guided tour of the short-term and long-term effects of childhood sexual abuse, emotional abuse, and torture. What makes this work noteworthy

is how it will impact a psychologist's understanding of the psyche's ability to survive severe trauma and the process of "going sane" from such experiences.

The author's language is honest and rooted in her very real traumatic experience. An account of this type is uncommon and virtually uncharted knowledge within the field of Psychology and its practical application. The text and art was formed as a result of one woman's psychological torment and the psychological fragmentation that occurred as a result. The field of psychology is aware of the dissociation process and its inherent benefit to survivors of trauma but too often it is attributed to an unconscious process. G.O.M.'s account is noteworthy because she outlines her awareness of this process and why/when certain personas would come to the forefront. The author's story also compels the reader to reflect on the dual reality of such abuse – the horror of trauma from a victim's point of view and the protective mechanisms a child can conjure to survive behind the curtain of abuse, as well as the facades these survivors use to navigate the "normalcy" of daily life. This is important because it is a raw account of the psychological process – a perspective that is, at times, overshadowed by the sterile environment psychological research requires.

From a psychological perspective, G.O.M.'s second book explains her process of "going sane" and how ironically painful this was for her. Insights this author provides outline this process more succinctly than other works I have encountered.

A limitation of this work is that, for the casual reader it may prove difficult to read and emotionally laden. The writing style is not for shock effect or entertainment, but a simple and raw account of her experience. Therefore, her literary and art works would be primarily valuable to the mental health field in clinical and research practices.

There is a wealth of intellectual, psychological, and emotional information in these books and it is supplemented by the artwork completed during her therapeutic works. The author could have further elucidated her knowledge of her experience by describing the dynamics and beneficial impacts of her artwork on her psychological wellbeing.

In spite of these limitations, the author is to be

commended for amassing and outlining an experience as muddled as psychological shifts in therapy are. This work is recommended for libraries and mental health institutions that will benefit from such a framework. It is also recommended for professors in the field. More specifically, I recommend they adopt G.O.M.'s books into required reading materials. Students of psychology and/or others who are interested in trauma work would benefit from this intimate view of trauma and its impact, as well as the process of health in therapy. If this work develops and inspires greater insights in the field of trauma in psychology then its plan and purpose will be well worth the author's effort.

### **A Review of**

#### ***Ethics for the Practice of Psychology in Canada Revised and Expanded Edition (2013)***

**By Truscott, D., Ph.D., R. Psych. &  
Crook, K., Lawyer**

*Edmonton, AB: The University of Alberta Press*

**ISBN: 978-0-88864-652-1**

***Reviewed by Michelle Vandegriend, Ph.D., R. Psych.***

Psychologists may recall that much of the literature in the area of ethics and psychology in their professional coursework and training was often associated with the United States. *Ethics for the Practice of Psychology in Canada by Truscott and Crook (2013)* is a unique and much-needed resource for graduate students in a psychology program and even well-seasoned psychologists as it focuses on ethical and professional issues *in Canada* across various jurisdictions. The central goals described in this book are to increase knowledge, raise awareness, promote skills in resolving issues, and foster ongoing development, which are all critical for current and future psychologists.

The authors, Derek Truscott and Kenneth Crook (1960-2008), have much expertise in the area of ethics and psychology. Derek is a professor, psychologist, author, and expert consultant within the areas of psychotherapeutic processes, ethics, and standards of practice. Kenneth Crook was a trial

lawyer with many years of experience presenting and writing in the areas of insurance law, civil procedure, and medical malpractice. Together their extensive knowledge and experience present both a depth and breadth of a variety of issues and supportive direction. Included is an expanded component from the first edition with regard to research ethics, as well as four significant ethical systems that Truscott and Crook describe that move beyond a "rule-bound approach", often observed in other professions. These four ethical systems include teleology, deontology, relational, and virtue, which are mapped along two dimensions: analytical versus experiential and social versus personal. These systems each contribute one part of the larger whole, as explained using the "blind man and the elephant" analogy, in understanding the nature of human ethics and "what constitutes an ethical life" (Truscott & Crook, 2013, p. 4).

Truscott and Crook describe in a practical and helpful way important ethical topics such as meeting professional standards, legal expectations practicing as a psychologist in Canada, the decision-making process, consent, confidentiality, boundaries, helping without harming, services across cultures, social justice and conducting research. Another unique and interesting aspect throughout this text is the inclusion of the history of the standards, procedures, and development as a profession in Canada. The authors explain how and why these are structured as they are today. A further unique and very relevant component for 2013 is the impact of technology and its use in the practice of psychology. Truscott and Crook explain the ethical issues that have arisen as a result of including technologies such as smart phones and social media such as Facebook as it pertains to confidentiality and professional boundaries.

Incorporated in this text are sample case studies at the onset of each chapter for the reader to explore and work through, a summary of main points, interesting discussion questions, and a reflective journal component at the end of each chapter. Excellent examples are presented throughout to further one's understanding of key issues. *Ethics for the Practice of Psychology in Canada* is an indispensable resource for psychologists and graduate students and would be a well-utilized text for psychology professors in this area.

## PAA DIRECTOR, EDUCATION & COMMUNICATIONS



by Dr. Judi L. Malone Ph.D., R.Psych.

My name is Judi and I am your new Director of Education and Communications. I enjoy the balance of private practice and professional involvement and have extensive experience as a practitioner, educator, and volunteer. I have particular interest in the areas of professional ethics, rural practice, social justice, and interdisciplinary collaboration.

My commitment to the promotion of psychological health and wellness underlies my interest in our evolving collective professional identity. Professional associations like ours play a key role in the support and development of their members.

My new role as the Director of Education and Communications is a 0.4 FTE position where I get an opportunity to work with, and for, you – our members across the province. We will have an opportunity to connect online, in meetings, or at psychology functions. Together we can best engage the public in the benefits of psychology. The three target areas that I have are:

- **Public Education and Marketing** – To increase public awareness of psychology and its benefits.
- **Communications** – With members and with the public through the media and other means.
- **Continuing Education** – Including our conference, workshops, & webinars.

I am enjoying my new role and am looking forward to serving you and to collaborating with our volunteers who are the backbone of a strong and effective professional organization. Specifically, I will be supporting the work of our Public Education Committees, Psychologically

Healthy Workplace Committees, & School Psychology Committee.

We are all working together to advance the science-based profession of psychology and to promote the well-being and potential of all Albertans and this is our association. I encourage you to share your ideas and energy.

Dr. Malone can be reached at  
judim@psychologistsassociation.ab.ca  
or 780.645.8214



## PROMOTION OF WELL - BEING IN ALBERTA

by Dr. Michael Trew, Chief Mental Health Officer,  
Government of Alberta

It's been more than 100 days since the flood, the worst natural disaster in Canadian history, which took over the lives of thousands of people in southern Alberta. The cost of the infrastructure damage is being tallied, but in many cases, the emotional toll the flood has taken on the hearts and minds of people is just starting to surface. As Chief Mental Health Officer at Alberta Health, I am hearing stories of children struggling in school, crisis lines receiving more calls and many families continuing to deal with the enormous stress of trying to bring their lives back to some kind of "normal".

Disasters place an incredible amount of physical and emotional stress on people. But, as you well know, not everyone experiences stress or grief in the same way and it can take time before symptoms of stress begin to show. As time goes on, those of you practicing in flood-impacted regions and beyond will likely see more and more people presenting with flood triggered problems. These may be re-emergence of previous difficulties, general symptoms of stress, or new onset disorders.

Research has shown that disasters like the flood can cause rates of mild to moderate mental health issues to double in a population, with a rise from 10 to 20 per cent of people experiencing disorders like depression, anxiety, increased substance abuse or relationship

problems over the short-term. Over the long term, we can expect to see a modest increase in post-traumatic stress disorder as well. Early Psychological First Aid approaches can be very useful in helping these people manage their feelings and reactions effectively, but it will take a full range of resources and skills as well as all of us working together to provide the best support possible for the people of Alberta.

There are a number of ways the Alberta government is supporting Albertans' emotional recovery post-flood, including: direct support in the new temporary neighbourhoods; enhanced community-based services; and new programs targeted for children, families, Aboriginal populations and seniors. We are also providing training and education for responders, mental health professionals and Albertans on recovering from a disaster. Over 20 sessions have taken place to date, with more sessions planned around Psychological First Aid, Skills for Psychological Recovery, and managing grief and loss following a disaster. I encourage you to visit [www.albertahealthservices.ca/8692.asp](http://www.albertahealthservices.ca/8692.asp) to view our current list of training opportunities or [www.health.alberta.ca/health-info/healthy-flood-recovery.html](http://www.health.alberta.ca/health-info/healthy-flood-recovery.html) for other resources.

Emotional recovery from a disaster like the flood can take years. In my role as Chief Mental Health Officer, I'd like to take this opportunity to thank all of you for your important work to promote mental well-being in Alberta. Whether it's related to the aftermath of the flood or not, you are making a real difference in the health of Albertans.

Thank you,  
Dr. Michael Trew



The Psychologists' Association of Alberta would like to invite you to volunteer at the PAA booth during the

### Teachers' Convention

Calgary February 13 & 14, 2014  
Edmonton February 27 & 28, 2014

Please contact Cindy at the PAA office if you are interested

780.424.0294 Edmonton

403.246.8255 Calgary

1.888.424.0297 Toll Free

or [paa@psychologistsassociation.ab.ca](mailto:paa@psychologistsassociation.ab.ca)

*Thank you for assisting PAA in promoting, the importance of psychological services.*



## PAA DISPLAY/ BANNER UNIT

The PAA has two display board units as well as a display banner unit which can be requested for use by PAA members. They can be shipped by courier at PAA's cost to any member who facilitates an activity to promote psychology or can be picked up at PAA office. The display units are useful for events such as conferences, career fairs, public information sessions and/or school presentations.

The two table top display boards provide a variety of panels to choose from on topics such as What Psychologists Do; Referral Service; Careers in Psychology; Stress; Depression; School Psychology; Psychologically Healthy Workplace; Alberta Psychology in the Media. The banner display highlights "What Psychologists Do and PAA's Referral Service".

For more information call the PAA office at (780) 424-0294 or toll free 1-888-424-0297.



## NOTICE OF ANNUAL GENERAL MEETING OF THE MEMBERSHIP OF THE PSYCHOLOGISTS' ASSOCIATION OF ALBERTA

The PAA Board of Directors is hereby providing notice pursuant to PAA Bylaw 6.3, to call an **Annual General Meeting** of the membership as follows:

**Date:** Saturday, May 31, 2014      **Place:** Calgary, Alberta  
9:00 a.m. – 10:00 a.m.

Full details will be provided in the April, 2013 issue of *Psymposium*.

## CALL FOR PAA BOARD NOMINATIONS

In accordance with the Bylaws of the Psychologists' Association of Alberta, we hereby call for nominations for the Board for a three year term commencing May, 2014. All nominees shall be eligible voting members\* in good standing with the Psychologists' Association of Alberta and shall be nominated by two eligible voting members in good standing with the Psychologists' Association of Alberta. Candidates must agree to accept, uphold, be governed by and support the by-laws and objectives of the Association.

- **Five, possibly six, Director Positions** are open for election. The term of office for these positions is three years.

A Call for Nominations form can be obtained on our web site at [www.psychologistsassociation.ab.ca](http://www.psychologistsassociation.ab.ca) or by calling the PAA office.

**A completed "Call for Nominations" form must be received at the PAA office by 4:00 p.m. on Friday, March 7, 2014.**

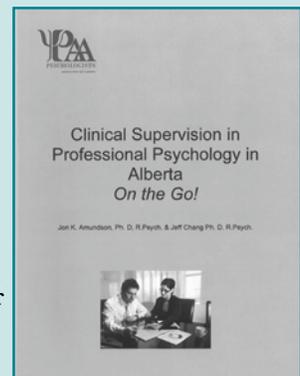
\*eligible voting members – Full, Life and Out of Province Members

## CLINICAL SUPERVISION IN PROFESSIONAL PSYCHOLOGY IN ALBERTA ON THE GO!

The following brochure is available for purchase through the PAA office:

**Clinical Supervision in Professional Psychology in Alberta On the Go! (Manual)**

\$8.00 each plus postage and GST. Clinical Supervision On the Go has been developed so the novice or experienced supervisor can approach the task of clinical supervision more expediently.



## PSYCHOLOGY BROCHURES AVAILABLE

The Canadian Psychological Association (CPA) "*Psychology works*," brochures are available with the PAA referral service information included on them. The following brochures are available at a cost recovery fee of \$0.15 each (plus postage) from the PAA office:

- Psychology works for Depression
- Psychology works for ADHD
- Psychology works for Parenting Challenges
- Psychology works for Generalized Anxiety Disorder
- Psychology works for Eating Disorders
- Psychology works for Chronic Pain
- Psychology works for Insomnia
- The Psychologically Healthy Workplace

If you are interested in purchasing brochures for your office, please contact the PAA office at (780) 424-0294 (Edmonton), (403) 246-8255 (Calgary) or toll free 1-888-424-0297 (anywhere in Alberta).



## PSYCHOLOGY MONTH

February, 2014 is national **Psychology Month**. This is an opportunity for all of us to let the public know what psychology has to offer. Please consider what you, your firm or agency might do to promote psychology during the month of February.

Also, please be sure to advise the PAA office of any activities you are planning for psychology month and we will post these on our website.

To see a list of events that occurred in Alberta in February, 2013, log on to the PAA website Psychologists' Information page.

The following materials can be obtained from the PAA office to assist with your promotional activities during psychology month:

- Psychology Month posters: The posters were produced by the Council of Provincial Associations of Psychology and can be viewed on the Psychology Month web site <http://www.cpa.ca/psychologymonth>. PAA has printed 11x 17 inch copies of the posters and is making them available to members at no cost. The posters are also available to non-members at cost (55cents per copy plus postage).
- Tent cards: Tent cards advertising Psychology Month and “what psychologists do” have been prepared for display in cafeterias and various locations.
- Display boards: We have two professionally developed display boards which can be borrowed for information sessions, trade fairs, public information sessions, or other forums;
- PAA Banner: that banner highlights “What Psychologists Do and PAA’s Referral Service”. The banner can be borrowed for information sessions, trade fairs, public information sessions, or other forums;
- Psychology Works brochures: We have seven CPA produced “psychology works” information brochures (on depression, anxiety disorder, etc.) which we have modified slightly to include the PAA phone and referral numbers.
- Referral Service brochures: The PAA referral service brochure is available for handing out to the public at displays and information sessions;
- School Psychology Service brochures;
- The Value of Choosing a Psychologist brochures;
- A PAA brochure entitled: Psychological Services in Primary Health Care is available for your advocacy efforts with family physicians;
- A PAA brochure entitled: The Psychologically Healthy Workplace is available for your advocacy efforts with businesses; organizations, and employers.
- A Power Point presentation on the Psychologically Healthy Workplace is posted in the ‘Members Only’ section of our website [www.psychologistsassociation.ab.ca](http://www.psychologistsassociation.ab.ca). The presentation is available to use in order to promote psychological health in the workplace.
- Book marks: We have PAA book marks available for distribution to the public at information sessions and displays.

## 2013 WILLIAM WUNDT-WILLIAM JAMES AWARD CONFERRED ON DR. JEAN PETTIFOR

Alberta Psychologist Dr Jean Linse Pettifor, often referred to as the “Grandmother of Canadian Ethics”, is the first woman and the first Canadian to be awarded the *Wilhelm Wundt-William James Award for Exceptional Contributions to Trans-Atlantic Psychology* recognizing a European or North American psychologist who has made distinguished contributions to the science and profession of psychology and to the promotion of effective cooperation between Europe and North America.



*Yesim Korkut (Turkey), Jean Pettifor, & Carole Sinclair  
(Chair of the CPA Committee Ethics)  
Stockholm, July 2013*

During the opening ceremonies of the biennial meeting of the Congress of the European Federation of Psychology Associations, Jean was recognized by the EFPA and the American Psychological Foundation with a gold medallion and joins the ranks of leading international psychologists from Austria, Spain, Czech Republic, Norway, & Turkey. In her award address, *Connecting Politics with Virtue, Ethics, and Human Rights*, Dr Pettifor spoke to how political agendas influence how ideals are described and the interpretation of both codes of ethics and human rights and reminded those gathered to “*Nourish the aspirational*”.

The selection committee noted how Jean is recognized as an outstanding leader and visionary in the field of psychology and how she is highly respected for her integrated view of global social justice, ethics, and leadership, and for the framework that she has provided for professional ethics in the era of globalization.

Just a few of Jean’s contributions include over 100 publications in scholarly journals and countless presentations on the topics of clinical psychology, service systems, community psychology, teaching of psychology, services to vulnerable persons, professional guidelines and standards, and professional ethics.

On behalf of the PAA, please join us in congratulating Dr Pettifor. Jean can be reached at [pettifoj@telus.net](mailto:pettifoj@telus.net) or at 403.289.5161

*Dr Judi L Malone, Director, Education & Communication*

### CONTINUING EDUCATION COMMITTEE

Planning for *PAA 2015* is about to begin and we are looking for dynamic and creative committee members who are interested in helping us shape the evolution of our next conference. Share your thoughts with [judim@psychologistsassociation.ab.ca](mailto:judim@psychologistsassociation.ab.ca) and plan on joining us in Calgary in 2015.



## PAA AWARDS

### PLEASE CONSIDER NOMINATING FOR THE FOLLOWING AWARDS

We are accepting nominations for PAA Awards on an ongoing basis throughout the year, which will enable you to nominate someone for an award at any time rather than waiting for a specific call for nominations. The deadline date for submission of the next award nominations is March 27, 2015.

All nomination forms are available on the PAA website or you can call the PAA office and request that a nomination form be sent to you. Specific criteria information is provided for each award on the award nomination form.

The PAA Awards Committee will review all nominations and select the recipient for the current year.

**Nominations for the 2015 PAA Awards are to be submitted to the PAA office no later than March 27, 2015.**

#### DICK PETTIFOR MEMORIAL AWARD

The Psychologists' Association of Alberta (PAA) invites nominations for the Dick Pettifor Memorial Award, to recognize outstanding career achievements in, or contributions to, the field of psychology. This award is given on a biennial basis to a qualifying PAA member to celebrate his or her long-time enduring contribution to the field of Psychology, either within the province of Alberta, or in the broader national and international domains. This award can be used to recognize career achievements or contributions in any of the areas of clinical, research, advocacy, or academic psychological work. A PAA member is required to nominate a fellow PAA member. A letter of support from the nominator (maximum two pages) providing evidence that the nominee meets the above criteria must accompany the nomination. This is not a monetary award.

#### PSYCHOLOGIST OF THE YEAR AWARD

The Psychologists' Association of Alberta (PAA) invites nominations for the Psychologist of the Year Award. This award is extended to qualifying PAA members on a biennial basis to celebrate excellent work being conducted in the field of psychology. This non-monetary award is designed to acknowledge significant achievement or contributions over the previous two year period. A PAA member can nominate a fellow PAA member in any of the following categories – advocacy, clinical / counselling, school / educational, developmental, social, industrial / organizational, or research.

#### EXCELLENCE IN CLINICAL SUPERVISION AWARD

The Psychologists' Association of Alberta (PAA) invites nominations for the Excellence In Clinical Supervision Award. This non-monetary award is intended to be presented on a biennial basis to a registered psychologist whose performance in supervising one or more individuals in any practice area is deemed exemplary during the previous two-year period.

One nominator is required. Nominators may be former/current students or supervisees of the supervisor and/or individuals familiar with the supervisor's practice (e.g., colleagues). Nominators may or may not be PAA members. A letter of support from the nominator (maximum two pages) must accompany the nomination outlining the particular criteria used to select the nominee, the approximate number of hours devoted to supervising and methods of supervision employed.

### EXCELLENCE IN TEACHING PSYCHOLOGY AWARD

The Psychologists' Association of Alberta (PAA) invites nominations for the Excellence In Teaching Psychology Award. This non-monetary award will be presented biennially to an individual who demonstrates "outstanding" teaching of psychology in an Alberta Government approved/authorized institution for post-secondary education, using the following criteria as guidelines:

- Deemed "outstanding" teaching as manifested through any combination of educational methodology, enthusiasm, commitment to the subject of psychology, commitment and dedication to the students, and/or teaching innovation, and/or supervision of scholarly research.
- Has taught a minimum of two years immediately preceding the award, one year of which may have been a sabbatical.
- Recipient may be a member or a non-member of PAA.
- The nominator may be: teaching and/or professional colleagues, former or current students, supervisors, other individuals familiar with the nominee's teaching. Additional signatories would strengthen the nomination.

One nominator is required. A letter of support (maximum two pages) from the nominator outlining the particular criteria used to select the nominee, using the guidelines outlined above, must accompany the nomination.

### PSYCHOLOGICALLY HEALTHY WORKPLACE AWARD

The Psychologists' Association of Alberta (PAA) is calling for nominations for the Psychologically Healthy Workplace Award. This award is presented every two years to Alberta organizations that make a commitment to programs and policies that foster employee health and well-being. Award winners may be featured in the media, honoured at special award events, recognized by community leaders and nominated for international recognition. The award is presented to organizations that best exemplify current, practical initiatives that are directly related to employee wellness and engagement.

Examples of various initiatives are:

- implementation of policies to improve work-life balance
- initiation of programs for employee growth and development
- employee recognition programs
- delivery of stress reduction programs
- promotion of health and wellness

Receiving the award can give an organization the recognition it deserves for creating a positive work environment. If you know of an organization that would be interested in applying for this award you can refer them to the following website to apply online: <http://www.phwa.org/applynow/>

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## JUANITA CHAMBERS EXCELLENCE IN COMMUNITY SERVICE AWARD

The Psychologists' Association of Alberta invites nominations for the Juanita Chambers Excellence in Community Service Award. This non-monetary award is presented on a biennial basis to an individual, who may or may not be a psychologist, in recognition of important work in advancing psychological health, well-being and quality of life for Albertans through service to the community or advocacy. A PAA member is required to nominate an individual for this award. Nominations must be accompanied by a letter of support from the nominator (maximum of two pages) regarding the nominee's area of outstanding service including specific accomplishments of the individual nominated.

The PAA Awards Committee will review all nominations and select the recipient for the current year.

Nominations for individuals not selected as the recipient of the current year's award may be carried forward for consideration by the committee in subsequent years.

Recipients of this award may be nominated again for this award in the future, however, a period of three (3) years must have passed before they are eligible for re-nomination. Recipients of this award are eligible for nomination for any other of the PAA biennial awards in subsequent years.

Criteria to consider in nominating an individual for this award include the following (not necessarily exhaustive):

- Contributes to the quality of life in the community through volunteer work;
- Advocates for improved quality of life for Albertans;
- Educates the community about the value of psychological health, advocates for those in the community that need support and/or community resources to improve their quality of life;
- Is a positive role model for others;
- Contributes to the psychological health and well being of the community;
- Contributes to enhancing the public perception of psychologists through community service.
- Promotes social justice issues.

## JOHN G. PATERSON MEDIA AWARD

The Psychologists' Association of Alberta (PAA) invites nominations for the John G. Paterson Media Award. This is a non-monetary award presented on a biennial basis to a psychologist or non-psychologist in recognition of:

- Exceptional contribution to portraying psychological knowledge to the public
- Furthering the advancement of the profession of psychology with the public through their contribution
- Conveying psychological knowledge through the media of radio, television, print, or electronic communication
- The media contribution which has taken place within two years immediately preceding the submission date of the nomination

One nominator is required.

The PAA Awards Committee will review all nominations and select the recipient for the current year.

Nominations for individuals not selected as the recipient of the current year's award may be carried forward for consideration by the committee in subsequent years.

Recipients of this award may be nominated again for this award in the future, however, a period of three (3) years must have passed before they are eligible for re-nomination. Recipients of this award are eligible for nomination for any other of the PAA biennial awards in subsequent years.

### **DOCTORAL DISSERTATION RESEARCH AWARD**

The Psychologists' Association of Alberta (PAA) invites doctoral level students to submit a summary of their dissertation research of five pages or less. This is a monetary award (\$300.00), together with a complimentary ticket to the PAA Awards Banquet.

The PAA Awards Committee will review all nominations and select the recipient for the award.

The award is presented to a graduate student whose Doctoral Degree dissertation research submission:

- Is based on the student's dissertation research
- Is based on current research – has been completed and defended during the year immediately preceding the award submission date
- Is of high quality in terms of purpose, approach, methodology, implications, originality and clarity
- Contributes to the field of psychology

Submissions must be accompanied by two letters of support, one from a supervisor and one from a dissertation committee member.

This award is available to all registered student, provisional and full members of PAA. If you are currently not a member of PAA, we would welcome your application for membership.

### **MASTERS' THESIS RESEARCH AWARD**

The Psychologists' Association of Alberta (PAA) invites Masters level students to submit a summary of their thesis research of five pages or less. This is a monetary award (\$300.00), together with a complimentary ticket to the PAA Awards Banquet.

The PAA Awards Committee will review all nominations and select the recipient for the award.

The award is presented to a graduate student whose Masters Degree thesis research submission:

- Has been completed by the student
- Has been completed and defended during the year immediately preceding the award submission date
- Is of high quality in terms of purpose, approach, methodology, implications, originality and clarity
- Contributes to the field of psychology

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Submissions must be accompanied by two letters of support, one from a supervisor and one from a thesis committee member.

This award is available to all student members of PAA. If you are currently not a member of PAA, we would welcome your application for membership.

### UNDERGRADUATE THESIS RESEARCH AWARD

The Psychologists' Association of Alberta (PAA) invites undergraduate students attending Alberta based Universities to submit a summary of their thesis research of three pages or less. Submissions must be accompanied by a letter of support from the thesis supervisor. This is a monetary award of \$150.00, together with a complimentary ticket to the PAA Awards Banquet.

The PAA Awards Committee will review all nominations and select the recipient for the award based on the following criteria:

- The majority of the work and thought has been completed by the student. The supervising professor must provide a letter to that effect
- The research was completed and evaluated during the year immediately preceding the award submission date
- The research is of high quality in terms of purpose, approach, methodology, implications, originality and clarity for an undergraduate level of endeavor
- The potential contribution of the line of research to the field of psychology

All applications will receive notification of the outcome of their application.

This award is available to all student members of PAA. If you are currently not a member of PAA, we would welcome your application for membership.

### NOTICE TO PAA STUDENT MEMBERS

McFarlan Rowlands has negotiated a new discounted insurance rate for student members of PAA who are part of the Professional Liability program.

McFarlan Rowlands is pleased to advise that the following amendments have been agreed for the student coverage.

1. The student annual premium is now \$125.
2. As students are not required nor eligible to be registered there is no Legal Expense coverage in the student program.
3. The policy limit is \$1,000,000 per occurrence with an annual aggregate of \$3,000,000.

These new rates and coverage changes will apply to new student members immediately. Students who are presently insured under this program will have their June 2014 renewal processed at the new rates.

## PROMOTE A PSYCHOLOGICALLY HEALTHY WORKPLACE

A Power Point presentation on the Psychologically Healthy Workplace has been developed by the PAA Psychologically Healthy Workplace Committee.

This presentation is posted in the “members only” section of the PAA website.

**Psychologists are encouraged to make use of this presentation in order to promote psychological health in the workplace.**

### Other Resources:

Psychologically healthy workplaces have 28% less employee turnover and enhance organizational performance and productivity. To learn more about the psychological health in the workplace, go to the following website: <http://www.phwa.org/resources>, or;

The PAA office has the following brochure available at a cost recovery fee of \$0.15 each (plus postage) The Psychologically Healthy Workplace.

If you know of an organization that would be interested in a free presentation, they can contact the following Chairs of the PAA Psychologically Healthy Workplace Committee:

### Contacts:

Dr. Bob Acton (Calgary)

(403) 862-7247

[bobacton@gilbertacton.com](mailto:bobacton@gilbertacton.com)

or Dr. David Piercey (Edmonton)

(780) 437-2771

[dpiercey@telus.net](mailto:dpiercey@telus.net)

## CALGARY REGION PSYCHOLOGISTS & THE MEDIA

The PAA Public Education Committee (PEC) is looking to create a list of psychologists who might be interested in providing interviews to various media sources (television, radio, internet, print), particularly in the Calgary area, to supplement the PAA media guide. If you have an area of expertise that you would be comfortable sharing with the media, please contact Dr. Brent Macdonald, PEC Chair, at [brent@complexlearners.com](mailto:brent@complexlearners.com) with your name, area(s) of interest, and location. Please note that many media requests are very short notice (i.e. same day interviews), so please take this factor into consideration.

## PAA SUMMER 2013 WORKSHOPS HELD



### Diagnosis in the DSM-5

June 27, 2013 - Edmonton

Presented by Dr. Christopher Hopwood

There were 170 Participants.



### DSM-5 Update: What Professionals Need to Know

October 25, 2013

Presented by  
Dr. Michael Zwiers Ph.D

There were 144 Participants.



## PAA MEMBER BENEFITS

Please login to the members only area of the PAA website to get more information. The following is a summary of member benefits for goods and services:

### INSURANCE

**TD Insurance Meloche Monnex** offers PAA members group home and car insurance. You can benefit from special privileges, such as preferred group rates, enhanced coverage and flexible limits. Request a free, no-obligation online quote and more details, visit [www.melochemonnex.com/paa](http://www.melochemonnex.com/paa) or call (toll-free) 1-866-258-3036.

**TD Travel Insurance** is also available at PAA preferred rate for PAA members who has home or auto insurance, please call (toll-free) 1-877-593-8023 for more information.

**McFarlan Rowlands Insurance** offers PAA members group rates for Professional Liability Insurance, Commercial General Liability Insurance, Disciplinary Hearing Insurance and Office Contents Insurance packages as well as a variety of Life and Health Care Insurance products. Contact McFarlan Rowlands at 1-877-679-5440. For more information please visit [www.mcfarlanrowlands.com/mentalhealth](http://www.mcfarlanrowlands.com/mentalhealth)

**TW Insurance Brokers** offers PAA members Professional Liability and an Office Package which includes Comprehensive General Liability. They have also negotiated a special rate for Provisional Psychologists and students. In addition they offer a Preferred Rated Home and Auto Insurance Plan. Contact TW Insurance Brokers at (780) 428-6431 Edmonton or toll free 1-800-272-5688, extension 4228 for Jiten Nath. For more information please visit [www.twinsurance.ca](http://www.twinsurance.ca).

### MERCHANT SERVICES

**TD Merchant Services** is offering a preferred pricing program for medical market professionals including psychologists. For more information and to apply, contact TD Merchant Services at 587-336-4471 or by email [Steve.Kantor@td.com](mailto:Steve.Kantor@td.com)

### QUIKCARD SOLUTIONS INC. - Health Benefit Solutions

- Preferred Rate for members of the PAA for Quikcard health benefits for your company employees
- Merchant accounts available for accepting payment from your clients for psychological services if your client is on the Quikcard plan.
- Quikcard Solutions Inc. also offers a wide variety of insurance including life, disability and travel insurance.

For further information contact QUIKCARD at (780) 426-7526 or toll free 1-800-232-1997 or visit their website at [www.quikcard.com](http://www.quikcard.com)

## OTHER SERVICES

### **Login Brothers Canada**

PAA members can purchase psychology books through **Login Brothers Canada** at a 10% discount by contacting Ray Humphrey at 1-888-221-2212 or by email at [raymondh@lb.ca](mailto:raymondh@lb.ca)

## CAR RENTAL

### **Alamo Rent A Car**

Year-round membership discounts available at more than 550 participation locations, unlimited mileage, wide selection of quality vehicles, up to 10% off discount and 24 hours emergency roadside assistance. Please call 1-800-354-2322. Request **Rate Code BY and Assoc. ID 706768** whenever you have a car rental need.

### **Avis Rent A Car**

PAA members can get daily and weekly discount rates in both Canada and the United States. Please call 1-800-331-1212 and request **AWD Code S017100** for our association rate.

You can access a direct link to Avis and Alamo on the PAA website in the members only area.

## HOTELS

**The Sandman Signature Hotel Edmonton South** – offers from \$149 for the standard guestrooms and will extend the privileges to our members for complimentary upgrades upon arrival if the King Suites are available. You can phone for reservations at 780-430-7263, contact Jason Draney.

**Sandman Signature Hotels and Sandman Hotels** - preferred association rates vary at each hotel, depending on location. **Sandman Hotel Group Central Reservations: 1-800-726-3626** and indicate that you are a member of the Psychologists' Association of Alberta in order to get the best available association rate.

**Clarion Hotel Calgary Airport** would like to extend the privileges to PAA members and look forward to providing guaranteed preferred guest room rate starting from \$149.00 per night/standard guest room for your business or leisure travel.

Please contact 1-800-661-8157 or visit our website for on line reservation. For more information, visit [www.calgaryclarion.ca](http://www.calgaryclarion.ca)

**\*Preferred rates are subject to availability and black out dates**

Please visit our website [www.psychologistsassociation.ab.ca](http://www.psychologistsassociation.ab.ca) or scan



## ALBERTA PSYCHOLOGY IN THE MEDIA

### Psychology in the Media generated through the PAA office: July 2013 – November 2013

DATE	PSYCHOLOGIST	MEDIA OUTLET	TOPIC
July 2013	Dr. Brent Macdonald	Alberta Primetime – Primer	Stampeding During Flooding Crisis
August 2013	Mr. Cory Hrushka	Alberta Primetime (discussion panel)	Cosmetic Surgery For Teens?
August/ September 2013 issue	Dr. Greg Schoepp	ParentsCanada magazine	Dealing with a defiant child
September 2013	Dr. Laura Hambley	Alberta Primetime - Primer	From Millenials to Boomers: Alberta's workforce
	Dr. Ganz Ferrance & Dr. Janet Miller	Alberta Primetime – Vocal Point (health panel)	New Psychology Training for Alberta Police
October 2013	Mr. James Bateman	Alberta Primetime	Youth and male stereotypes

### Psychology in the Media – not generated through the PAA office: July 2013 – November 2013

DATE	PSYCHOLOGIST	MEDIA OUTLET	TOPIC
July 2013	Dr. Ganz Ferrance	Edmonton CTV News	Dr. Ganz Ferrance and the key to happiness
	Dr. Ganz Ferrance & Dr. Janet Miller	Alberta Primetime – Vocal Point (health panel)	What disorders are Canadian Forces bringing home from Afghanistan?
	Dr. Janet Miller	Alberta Primetime – Vocal Point (health panel)	Are there ways to defend against Alzheimer's and Dementia?
	Dr. Ganz Ferrance	Alberta Primetime – Vocal Point (health panel)	Falling Televisions injuring children, and more
	Dr. Linda Hancock	The Medicine Hat News – All Psyched Up (regular column)	Dealing with crisis
August 2013	Dr. Ganz Ferrance	Edmonton CTV News	Dr. Ganz Ferrance: Being happy and successful
	Dr. Linda Hancock	The Medicine Hat News – All Psyched Up (regular column)	- Getting ready for school - Listening to music can be a powerful thing - Organize your life, focus on what matters
	Dr. Linda Hancock	Indian Head Wolsley News – All Psyched Up (regular column)	- The power of music? - Dealing with procrastination

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## ALBERTA PSYCHOLOGY IN THE MEDIA (con` t)

DATE	PSYCHOLOGIST	MEDIA OUTLET	TOPIC
<b>September 2013</b>	Dr. Ganz Ferrance	Edmonton CTV News	Dr. Ganz Ferrance talks about teenagers
	Dr. Ganz Ferrance	Alberta Primetime – Vocal Point (health panel)	Hospitals lotteries, concussion, and flu shots
	Dr. Linda Hancock	The Medicine Hat News – All Psyched Up (regular column)	The miracle of the harvest
	Dr. Linda Hancock	Indian Head Wolsley News – All Psyched Up (regular column)	What really matters?
	Dr. Ganz Ferrance & Dr. Brent Macdonald	Alberta Primetime – Vocal Point (life style panel)	Child beauty pageants, parenting techniques, & more
<b>October 2013</b>	Dr. Ganz Ferrance	Edmonton CTV News at noon	How home design can affect how we feel
	Dr. Ganz Ferrance & Dr. Janet Miller	Alberta Primetime – Vocal Point (life style panel)	Millenials, boomers, and later-life career changes
	Ms. Tarah Hook & Dr. Liam Ennis	Alberta Primetime – Primer (discussion panel)	Alberta child sex offenders: can they be cured?
	Dr. Ganz Ferrance	Alberta Primetime – Vocal Point (life style panel)	Employee happiness and workplace woes
	Dr. Brent Macdonald & Dr. Ganz Ferrance	Alberta Primetime – Vocal Point (life style panel)	Aging parents, first-born harshness, and social media memorials
<b>November 2013</b>	Dr. Ganz Ferrence	Edmonton CTV News	Beating winter blues to the punch

**In addition to psychology in the media, PAA receives several requests for career fairs and public speaking engagements promoting psychology to the public.  
July 2013 – November 2013**

DATE	PSYCHOLOGIST	VENUE
<b>September 2013</b>	Ms. Sandra Annis & Ms. Heather Ponech	Attended PAA's exhibit display booth at Live Well Showcase in Lethbridge.
	Dr. Troy Janzen, Dr. Judi Malone, Dr. Roy Frenzel, Dr. Greg Schoepp, Mr. Pierre Berube	Presented a panel discussion on the topic of the role of psychologists at MacEwen University.
<b>November 2013</b>	Mr. Chad Bodnar	Attended Paul Kane High School Career Fair in St. Albert with PAA's display board and a variety of materials.

*If you or a colleague are interviewed through any media outlet (newspaper, radio, television), or if you have attended a career fair or public speaking engagement, please contact the PAA office to advise us so that we can include the information in our report.*

## HAVE YOU JOINED THE PAA REFERRAL SERVICE?

The referral service is a program established, operated and maintained by the Psychologists' Association of Alberta (PAA). The Referral Service is designed to provide the public with access to the names of registered psychologists who are participating members of the Referral Service.

PAA members who are registered psychologists are welcome to join the referral service at any time during the year. Pro-rates are available after May 1st. The yearly fee of \$180.00/year is easily recovered through one referral call given to you through the service.

The PAA office receives many calls each day requesting names and phone numbers of psychologists through the referral service.

Another option for referral service members is to have their name included on the on-line referral service which is available through the PAA website. The on-line referral service is provided at no additional charge over and above the annual fee for referral service.

Another feature for the on-line referral service is an optional direct link to the referral service member's website. There is an additional cost of \$50.00/year for those members who choose to include a direct web link as this is an extra feature which provides an excellent advertising venue for their practice.

Did you know that we receive an average of 97 telephone calls for the referral service at the PAA office per month, and over 1100 visits to the online referral search page of our website per month.

If you have not already done so, we would encourage you to join your colleagues on the PAA referral service. We are certain you will find that the service will provide you with an excellent advertising venue in generating business/gaining new clients. The fee for the referral service can also be a tax deduction for advertising your business.

You can download a referral service application on the PAA website at [www.psychologistsassociation.ab.ca](http://www.psychologistsassociation.ab.ca) and go to the Memberships tab – Membership applications. Alternatively, you can contact the PAA office and have a copy of the application emailed, faxed or mailed to you.

(780) 424-0294 – Edmonton  
(403) 248-8255 – Calgary  
1-888-424-0297 – toll free anywhere in Alberta

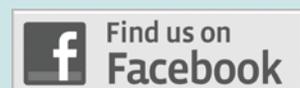
## PAA IS NOW ON FACEBOOK

Please visit the PAA Facebook Page by typing in the link below into your web browser.

<http://www.facebook.com/pages/Psychologists-Association-of-Alberta/169589246436220>

Or you can visit the PAA website at <http://www.psychologistsassociation.ab.ca/> and click on the icon shown here.

You do not have to have a Facebook account to view the PAA Facebook page.



## CONTINUING EDUCATION RECIPROcity AGREEMENT

The Psychologists' Association of Alberta (PAA) has a reciprocal agreement with the British Columbia Psychological Association (BCPA) and the Psychological Society of Saskatchewan (PSS) offering registration to the three associations' respective continuing education programs at the same fees that each of these associations charge to their own members.

Members of the PAA who register for workshops and conferences offered either by the B.C. Psychological Association or the Psychological Society of Saskatchewan are able to register to these functions at the respective association's member rates.

Go to our website [www.psychologistsassociation.ab.ca](http://www.psychologistsassociation.ab.ca) under 'PAA workshops/conferences', to find the link to BCPA and PSS.

## SUPERVISORS NEEDED FOR PROVISIONAL PSYCHOLOGISTS

Provisional psychologists or those seeking provisional status frequently contact the PAA office in order to obtain the names of potential supervisors. The PAA office has developed a list of supervisors in order to assist provisional psychologists in their search for a supervisor. If you are willing to supervise a provisional psychologist please contact the PAA office or visit the PAA website for a Supervisor Information form to complete and return for our records.

If your name is already on our list, however, and you are unable to supervise a Provisional Psychologist at this time please let the PAA office know in order that we can keep our list up to date.

Contact the PAA office at:  
(780) 424-0294 (Edmonton)  
(403) 246-8255 (Calgary)  
or toll free 1-888-424-0297 (Anywhere in Alberta)

## ANNUAL PAA MEMBERSHIP RENEWALS

Membership renewal notices are being mailed in January. If you do not receive your renewal notice, please contact the PAA Office.

Membership fees are due on April 1, 2014. Avoid the late administration fee which will be charged on all membership dues received after April 30, 2014.

Renewal on-line will be available soon.

## PAA WINTER 2014 WORKSHOPS TO BE HELD

### **Separation and Divorce**

March 21, 2014 – Calgary, Alberta  
Presented by Dr. Susan Gamache, Ph.D.

### **Starting and Operating a Professional Practise in Psychology**

April 11, 2014 – Calgary, Alberta  
Presented by Dr Stephen Carter, Ph.D.



## WELCOME TO NEW PAA MEMBERS

(June 18, 2013 – October 25, 2013)

- |   |  |
|---|--|
| Anderson, Joy (Student Member)            | Marchinko, Christine (Student Member)      |
| Andronowska, Meagan (Student Member)      | Marlow, Michelle (Provisional Member)      |
| Antony, Amy (Student Member)              | Matheson, Adrienne (Provisional Member)    |
| Barrie, Dennis (Student Member)           | McCormick, Jennifer (Provisional Member)   |
| Borgen, Jenifer (Provisional Member)      | McLintock, Lindsay (Student Member)        |
| Bruce, Sherri (Out of Province)           | Meredith, Brittany (Student Member)        |
| Burbidge, Julia (Provisional Member)      | Mueller, Kimberly (Provisional Member)     |
| Caines, Nicole (Student Member)           | Naber, Monica (Provisional Member)         |
| Chen, Peggy (Student Member)              | Okraku, Otubea (Student Member)            |
| Colbourne, Kayla (Provisional Member)     | Pace, Deborah (Full Member)                |
| Coles, Karin (Provisional Member)         | Parr, Erica (Provisional Member)           |
| Curry, Jennifer (Provisional Member)      | Potyondi, Brett (Student Member)           |
| Delorme, Dana (Provisional Member)        | Rabinovitch, Jesse (Provisional Member)    |
| Dermody, Ashley (Student Member)          | Rapske, Debra (Provisional Member)         |
| Durand, Hanelle (Student Member)          | Rivard, Vanessa (Student Member)           |
| Fabian, Karen (Full Member)               | Rolfe, Katherine (Provisional Member)      |
| Farquharson, Meaghan (Provisional Member) | Sabarin, Alisha (Student Member)           |
| Fulks, Jasmine (Provisional Member)       | Sande, Michelle (Student Member)           |
| Gaetz, Cindy (Provisional Member)         | Seto, Mindy (Student Member)               |
| Gill, Navneet (Provisional Member)        | Sloan, Clark (Full Member)                 |
| Hassett, Ashley (Provisional Member)      | Spelitz, Mark (Provisional Member)         |
| Hodgson, Jacqueline (Provisional Member)  | Stehr, Leanne (Provisional Member)         |
| Hogan, Maureen (Provisional Member)       | Sutherland, Janice (Provisional Member)    |
| Horch, Jenny (Provisional Member)         | Therriault, Sharilyn (Provisional Member)  |
| Johnson, Brittney (Provisional Member)    | Ullah, Raimona (Provisional Member)        |
| Koscielink, Dorrie (Full Member)          | Victor, Lindsay (Full Member)              |
| Krochak, Linda (Provisional Member)       | Vojvodic, Danijela (Student Member)        |
| Lane, Tamara (Student Member)             | Walters, Kimberely (Provisional Member)    |
| Li, Agnes (Student Member)                | Wong, Sarah (Provisional Member)           |
| Long, Kimberly (Provisional Member)       | Woodman, Pamela (Provisional Member)       |
| Lord, Karin (Full Member)                 | Worsey, Richard (Provisional Member)       |
| LoVerso, Tatiana (Student Member)         | Yandra, Lara (Student Member)              |
| Lucas, Colleen (Provisional Member)       | Yeung, Sophie (Student Member)             |
| Lux, Tara (Full Member)                   | Zalmanowitz, Laurence (Provisional Member) |
| Luykenaar, Richard (Provisional Member)   | Zverina, Michaela (Provisional Member)     |
| Mandin, Corinne (Provisional Member)      |  |

## CALENDAR OF EVENTS

### March 21st, 2014 - Separation & Divorce.

Presented by Dr. Susan Gamache, Ph.D. Location: TBC, Calgary, AB. For more information please see the insert in this edition of Psymposium. **Sponsored by the Psychologists' Association of Alberta.** Contact (780) 424-0294 Edmonton, (403) 246-8255 (Calgary), Toll free (888) 424-0297 anywhere in Alberta or email [paa@psychologistsassociation.ab.ca](mailto:paa@psychologistsassociation.ab.ca)

### April 11th, 2014 - Starting and Operating an Independent Professional Practice.

Presented by Dr. Stephen Carter Ph.D. Location: TBC, Calgary, AB. For more information please see the insert in this edition of Psymposium. **Sponsored by the Psychologists' Association of Alberta.** Contact (780) 424-0294 Edmonton, (403) 246-8255 (Calgary), Toll free (888) 424-0297 anywhere in Alberta or email [paa@psychologistsassociation.ab.ca](mailto:paa@psychologistsassociation.ab.ca)

### June 20th, 2014 - An Introduction to MMPI-2-RF

Presented by Dr. Yossef Ben-Porath Ph.D. Location: TBC, Calgary, AB. More information will be available in our April edition of Psymposium. **Sponsored by the Psychologists' Association of Alberta.** Contact (780) 424-0294 Edmonton, (403) 246-8255 (Calgary), Toll free (888) 424-0297 anywhere in Alberta or email [paa@psychologistsassociation.ab.ca](mailto:paa@psychologistsassociation.ab.ca)

More information will be available for our 2014 Edmonton workshops later this year, on our website.

## UPCOMING MEETINGS & SOCIAL EVENTS

### BOARD MEETINGS

January 18, 2014 - Edmonton  
March 22, 2014 - Edmonton

### ANNUAL GENERAL MEETING

May 31, 2014 – Edmonton

\*\*Please advise the PAA office if you are interested in attending any of the above board meetings.

Please be sure to check the PAA web site regularly for any newsletter updates and upcoming events. Log onto the website at [www.psychologistsassociation.ab.ca](http://www.psychologistsassociation.ab.ca) and click on *PAA Workshops/Conferences and/or Non-PAA Training Events.*

### Changing Your Address?

Please print your new address and telephone number below and return to PAA with your mailing label.

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Business Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Effective Date: \_\_\_\_\_

Mail to: PAA *Psymposium*, Unit 103, 1207 – 91 Street SW, Edmonton, Alberta T6X 1E9

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