Date

[Library Name]

Re: February Psychology Month Display

A library resource for you

Dear [your local library],

Psychological health is an important issue that affects many lives; it has been estimated that one in five Canadians are suffering from a mental health disorder. As a psychologist, and PAA member, I am contacting you to see if you would be interested in helping promote psychology month.

February is Psychology Month, and we would like to invite you to participate in our province-wide initiative to promote awareness of psychological health in public libraries throughout Alberta.

Your library can promote awareness and help community members develop a better understanding of psychology and mental well-being by having a small display during the month of February. I can help provide you with information and resources from the Psychologists’ Association of Alberta which you can supplement with materials from your own library.

Interested in participating in this initiative? Call me at [number] or email me at [address] and I will arrange to get materials to you and can review what is available.

Thank you for your time and what you do for our communities.

Sincerely,

[your name]

R. Psychologist (AB)

*This is an initiative of the Psychologists’ Association of Alberta’s to provide the general public with useful information pertaining to the role and importance of psychology in Alberta.*