

# A Psychologist's Toolkit to offering Telepsychology

Given the current evolving situation with COVID-19 outbreaks, BCPA has prepared a list of resources to help registered psychologists practice *social distancing* by moving their practices online.

## Aren't sure where to start? Try a webinar!

### [Telepsychology Best Practice 101 Series](#)

The Telepsychology Best Practices 101 training series is an introduction to the ins and outs of real-world telepsychology. Each 2-hour webinar details the competencies needed for telepractice, including critical ethical, legal, clinical, and technical issues, together with reimbursement strategies. The series discusses practical ways to leverage a variety of technologies with a focus on video conferencing. As an introduction to the field, this training series outlines a variety of routes to reach more people, to lower your overhead and to focus on the specialty area(s) that interest you most. Original webinar date: October/November 2019.

### [Safely Integrating Technology into Your Practice](#)

For registrants of the BC College of Psychologists only, access this webinar by Dr. Christine Korol.

- More from Dr. Korol:
  - [Online Therapy: Intro to Ethics and Best Practice C19 Edition - part 1](#)
  - [Online Therapy: Intro to Ethics and Best Practice C19 Edition - part 2](#)
  - [Online Therapy: Intro to Ethics and Best Practice C19 Edition - part 3](#)

## Checklists to get you on track.

1. [Telepsychology Services Checklist.](#)
2. [Telepsychology Assessment Checklist.](#)
3. [Informed Consent Checklist.](#)

## Pick a platform.

### [Comparing the Latest Telehealth Solutions](#)

Video conferencing technology enables health professionals to provide services regardless of their location—breaking down a significant barrier to care. As third-party payers are increasingly reimbursing for telehealth services, it has become a viable option for many psychologists to enhance their practice. But how do you find a user-friendly, high-functioning platform that is also HIPAA compliant and won't break your bank? Our panel of psychologists rate and review three popular telehealth platforms to help you find one that might be the right fit.

- Other Canadian platforms:
  - <https://oncallhealth.ca/>
  - <https://medeohealth.com/>

## Know the ethics.

### [Ethical guidelines for psychologists providing psychological services via electronic media](#)

The guidelines are derived from the ethical principles and values of the Canadian Code of Ethics for Psychologists (CPA, 2000), which provides an ethical framework and standards for the professional activities of all members of the Canadian Psychological Association, or of members of other bodies that endorse or have adopted this code. However, the guidelines address issues that are unique to the use of electronic media; they do not duplicate relevant standards in the Code. As such, the guidelines should be used in conjunction with the most recent version of the Code. Each guideline is referenced with one or more Ethical Values used in the Code.