CANADIAN PSYCHOLOGICAL ASSOCIATION





Psychological Society of Yukon







Jason Storah, CEO Aviva Canada Email: jason_storah@avivacanada.com

Dear Mr. Storah,

We write to you given the unprecedented times in which we live. The COVID-19 pandemic is having a significant impact on how we are all living our lives. Its impact is biological, psychological, social and economic. The demands of healthcare providers are significant and will require them to interact and care for their patients and clients in different and innovative ways.

The pandemic has psychological impacts that are far reaching for those who do, and those who do not end up with the virus. These impacts demand that we make evidence-based psychological care available to those who need it in ways that can effectively and safely deliver care.

While Canada's insurers sponsor plans that often cover psychological treatments and services, there is great variability in:

- · requirements for access (whether a physician's referral is required)
- session and annual coverage caps
- \cdot whether plans cover telepsychology or only services delivered face-to-face

At a time when Canadians will need more not less healthcare, including psychological health care, we must make that care accessible. Your leadership is critical to removing barriers to psychological care across sponsored plans. Canadians need direct access to care. They need enough coverage to allow them an evidence-based dose of treatment. And given the pandemic and requirements for physical distancing, they will need to receive care digitally. Private health insurance plans must evolve in their coverage.

Sincerely yours,













141, ave Laurier Ave. West Suite 702 Ottawa (Ontario) K1P 5J3 (613) 237-2144 1-888-472-0657 Fax: (613) 237-1674

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Dr. Judi L Malone Chief Executive Officer, PAA Registered Psychologist (AB/AUS)

Kristi D. Wright, Ph.D., R. D. Psych. President, Psychology Association of Saskatchewan (PAS)

g Mm

Dr. Jo Ann Unger, C.Psych. President, MPS

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Sophie-Annabelle Barratteau Psychologue Membre du conseil d'administration de l'Association des Psychologues du Québec (APQ)

Mandy McLean

Mandy McLean, MBA Executive Director College of Psychologists of New Brunswick

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Lisa Moores, Psy.D., R. Psych. President Association of Psychology Newfoundland & Labrador

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Bernard Lord, CEO National Medavie Blue Cross Email: lise.steeves@medavie.bluecross.ca

Dear Mr. Lord,

We write to you given the unprecedented times in which we live. The COVID-19 pandemic is having a significant impact on how we are all living our lives. Its impact is biological, psychological, social and economic. The demands of healthcare providers are significant and will require them to interact and care for their patients and clients in different and innovative ways.

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Paul A. Mahon, President and CEO Canada Life Email: info@canadalife.com

Dear Mr. Mahon,

We write to you given the unprecedented times in which we live. The COVID-19 pandemic is having a significant impact on how we are all living our lives. Its impact is biological, psychological, social and economic. The demands of healthcare providers are significant and will require them to interact and care for their patients and clients in different and innovative ways.

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Zahid Salman, President and CEO Greenshield Email: zahid.salman@greenshield.ca

Dear Mr. Salman,

We write to you given the unprecedented times in which we live. The COVID-19 pandemic is having a significant impact on how we are all living our lives. Its impact is biological, psychological, social and economic. The demands of healthcare providers are significant and will require them to interact and care for their patients and clients in different and innovative ways.

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Michael Doughty, President and CEO Manulife Insurance Email: michael.doughty@manulife.com

Dear Mr. Doughty,

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Jacques Goulet, President and CEO Sunlife Financial Email: jacques.goulet@sunlife.com

Dear Mr. Goulet,

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