

# Flourish with carya

## Opportunity for Provisionally Registered Psychologists (CAP)

Calgary is a complex city filled with incredible opportunities and dynamic challenges for those who call it home.

For over 110 years, **carya** has worked diligently to meet the evolving needs of Calgarians by providing members of our community with the tools they need to be stronger, more connected, and more resilient.

Today we offer over 40 programs for individuals and families at all stages of life. From providing mental health supports to fostering multi-generational wellness and strong families – **carya's** dedicated team of professionals plays an essential role in ensuring a vibrant and healthy future for all Calgarians.

This opportunity is aimed at playing **carya's** contribution towards the development of future skilled mental health service providers and is a part of the Counselling Services Team, which offers Short Term Counselling (6-8 sessions) to individuals, in dyads, triads and families as well as offer group programs. The opportunity for Registered Provisional Psychologist is aimed at playing **carya's** contribution towards the development of ethical mental health service providers.

### Our Team:

Our strength is our people, who together with their diverse backgrounds create a workplace where both people and excellence is valued and innovation and collaboration lived out. Our team consists of professionals with a diverse range of practice interests and specialties. The team uses a broad range of counselling modalities including cognitive behavioral approaches, solution-oriented work and narrative approaches to name a few.

The academic affiliations of our team include College of Alberta Psychologists (CAP), Alberta College of Social Workers (ACSW) and Canadian Certified Counsellor (CCC) through Canadian Counselling and Psychotherapy Association (CCPA).

We aim to provide high quality training in a friendly, supportive and energetic environment, placing a value on balancing training requirements with self-care practices.

### The Opportunity

With numerous programs for youth, families, and older adults, we provide a spectrum of mental health and social inclusion services (individual/family counselling, groups, webinars/workshops) for people of all ages - from babies to youth to older adults - and their support networks. Our highly skilled team encourages thousands of Calgarians each year to discover their full potential and build flourishing relationships with their families and community. Priorities are focused upon the prevention and amelioration of adverse childhood experiences, toxic stress and social isolation across the lifespan

As a part of the team, you will get an opportunity to

- Engage and deliver clinical counselling services to individuals from all ages, children, families and older adults.
- Work from a trauma informed, strengths-based approach, to empower and build resilience in people you work with.
- Develop and evaluate service goal plans, maintain clinical records and reporting requirements.
- Support with community referrals and system navigation to initiate other actions as required.

# Flourish with carya

- Maintain records according to documentation standards.
- Participate in supervision and team meetings.
- Report to supervisor and participate in the program improvements.
- Collaborate with other professionals at the agency and in the community.
- Facilitate groups and deliver workshops, and webinars.

**Note:** At this point, we do not offer standardized tests.

## You will bring:

- Master's Degree with major in clinical/counseling psychology. Preference for candidates who have already had their credentials approved from College of Alberta Psychologists (CAP).
- Familiarity with family systems, attachment theory and strong propensity towards advancing skill in working with families or older adults.
- Certification with the Alberta Family Wellness Initiative's Core Brain Story is required.
- Training and experience in treatment options such as CBT, attachment, family systems therapy, narrative therapy, sand tray therapy, and trauma modalities is an asset.
- Familiarity with using alternative communication tools such as Zoom or MS teams.
- Ability to provide counseling in more than one language is an asset.
- A posture of cultural humility in working with diverse populations; experience with Indigenous and/or immigrant families is an asset
- Available for full time (37.5 hours per week) including up to two evenings during weekdays.
- Support with other tasks (intake, admin duties)

## Carya can offer:

- Support to complete your 1600 hours (plus 107 hours of supervision) with a broad range of population (children, youth, families and older adults) in a variety of settings (in person, video/phone, community) and modalities.
- Opportunity to receive experience in intervention, general assessment, teaching and consultation.
- Regular supervision, team meetings, individual and group case consultations and professional development opportunities.
- A monthly stipend will be provided
- A potential opportunity to continue working with **carya** as an employee.

## How to apply:

- Send the completed applications to [hr@caryacalgary.ca](mailto:hr@caryacalgary.ca). The package should include
  - Completed application form
  - Up to date resume
  - Three letters of reference including at least one recent clinical reference (work, volunteer or practicum training). Each reference letter must include the following information:
    - Current date, sign of the reference person, position/title, organization, mailing address, email address and phone/cell number
    - Nature of reference person's involvement with the applicant and how long you have known
    - Activities performed by the applicant under reference person's guidance/ supervision
    - Applicant's focus/aspirations /developmental trajectory
    - Applicant's strengths & areas of growth.

# Flourish with carya

- Official/unofficial transcript of the most recent Master's Degree.
- A letter from the CAP with approval of academic credentials (or a proof of submission of request to the CAP)
- A copy of the police/ vulnerable sectors check (as required by the CAP).

## **Closing Date for Applications**

Ongoing

## **Equal Employment Opportunities, Requesting an Accommodations Statement and other Employment Statements**

**Carya** is deeply committed to building a workplace where inclusion is not only valued, but prioritized. We're proud to be an equal opportunity employer, seeking to create a welcoming and diverse environment. All qualified applicants will receive consideration for employment without regard to race, color, religion, gender, gender identity or expression, family status, marital status, sexual orientation, national origin, genetics, neuro-diversity, disability, age, or veteran status, or any other non-merit based or legally protected grounds.

**Carya** is committed to providing reasonable accommodations to qualified individuals with disabilities in the employment application process. To request an accommodation, please contact HR by email at [HR@caryacalgary.ca](mailto:HR@caryacalgary.ca) in advance of your interview.

The successful candidate must satisfactorily complete a Criminal Record Check and Vulnerable sector clearance.

**carya – Nurturing the Potential in Every Calgarian.**