



Worksheet to resolve Ethical Dilemmas

What to Do?

Identify the Dilemma
Be specific and objective

Ethical

List the Ethical
Dilemma

Clinical

List the clinical
Dilemma

Legal

List the legal
Dilemma

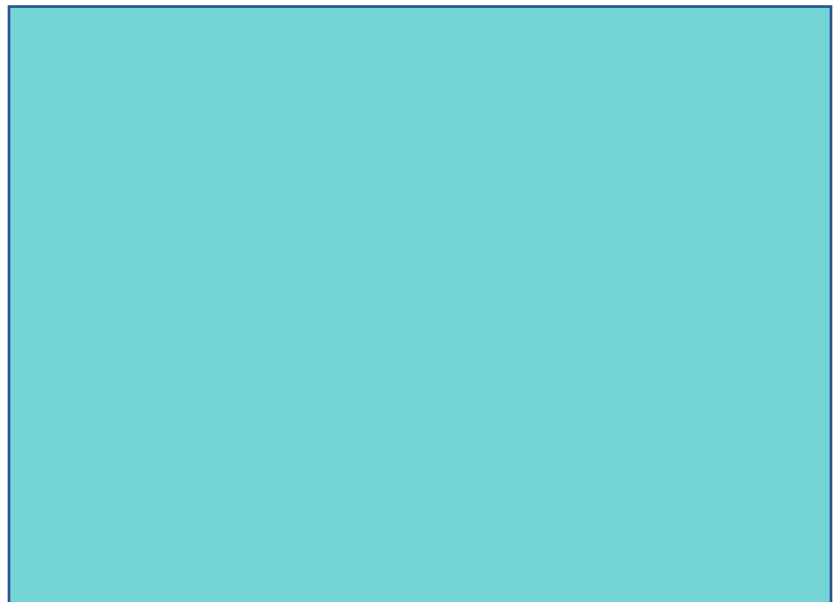
Identify who is involved-client, self and other parties, and how each party is affected by the decision
(Consider the rights, interests, and welfare of the parties affected and your responsibility to them)

Party(ies) involved	Outcome
Client	
Self	
Spouse	
Parents	
Third party	
Others	

Code of Ethics ([link](#))

List the relevant Ethical Principles:

1. Respect for the Dignity of Persons and Peoples
2. Responsible Caring
3. Integrity in Relationships
4. Responsibility to Society



Applicable Standards of Practice ([link](#))

Explore and list relevant Standards of Practice

1. Informed Consent
2. Competence
3. Provisions of Supportable Services
4. Provision of Services Through Distance Technology
5. Maintenance and Retention of Records
6. Continuity of Care
7. Termination of Services
8. Dual/Multiple Relationships
9. Relationships with Supervisees



10. Protecting the Confidentiality of Clients
11. Representation of Service
12. Fees And Statements
13. Collaborative Practice
14. Awareness Of Illegal Practice
15. Duty To Report
16. Truth And Reconciliation
17. Diversity And Cultural Competency
18. Harassment
19. Conscientious Objection



Legislations/Laws affecting Psychologists in Alberta

Refer to the link below which would take you to the Jurisprudence section under Additional CAP Resources on the College Of Alberta [website](#):

List the applicable laws one is mandated to comply with:

Biases

Identify and document any biases applicable

Personal Biases	Social Biases	Cultural Biases	Religious Biases	Others

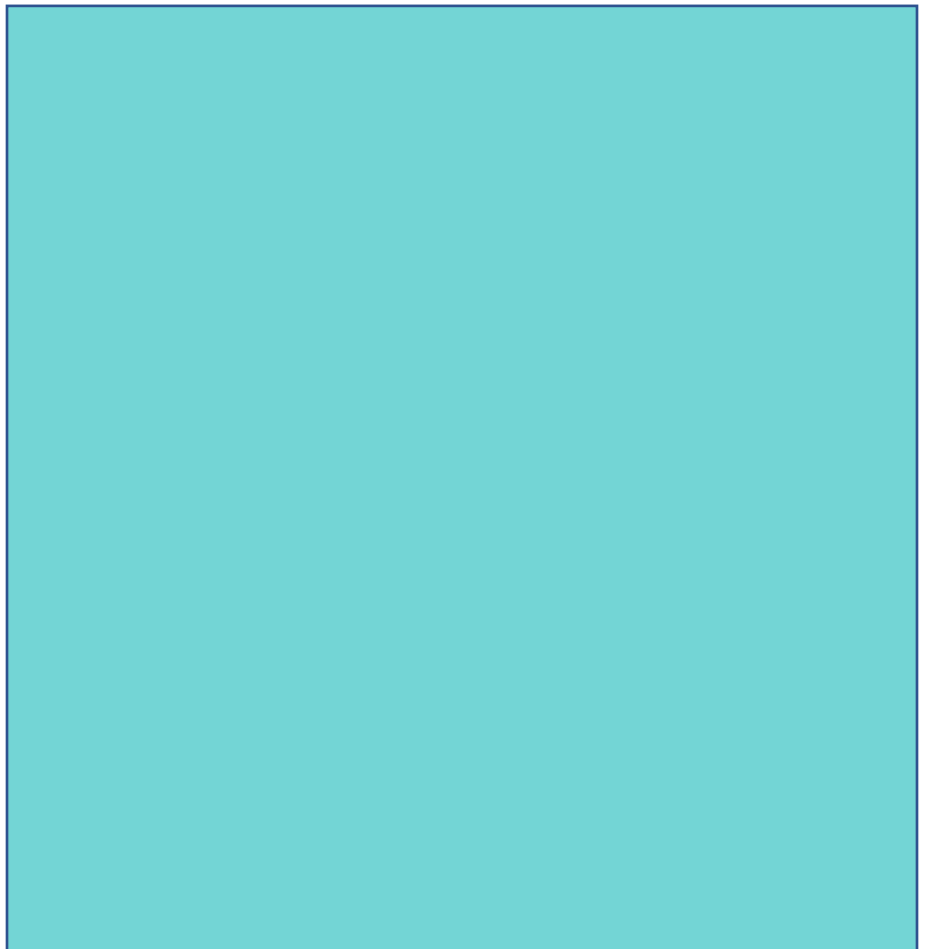
Implement the course of action
&
Assume Responsibility

Decision



Self-Reflection

- How did the ethical/clinical/legal dilemma affect me personally and professionally?
- Steps to take care of the above identified
- What did I learn from the situation?
- Is there any new or additional learning required?
- Do I need to build up more professional support?



References

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https://cpa.ca/docs/File/Ethics/CPA_code_2017_4thEd.pdf
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- National Association of School Psychologists (2020). *Professional Practice Standards Adopted*. Retrieved from <https://www.nasponline.org/standards-and-certification/professional-ethics>
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