

Professional Therapeutic Book collection for sale: Please note that prices in brackets are the current price offered by Amazon.ca, or Indigo (Chapters), or the price listed on the book. All prices are in Canadian Dollars unless otherwise specified.

EMDR

- Eye Movement Desensitization and Reprocessing: Basic Principles, Protocols, and Procedures (Second Edition) by Francine Shapiro (52.03) \$25.00
- Healing the Heart of Trauma and Dissociation with EMDR and Ego State Therapy, Edited by Carol Forgash and Margaret Copeley (244.56) 50.00
- Treatment Manual: EMDR and the Art of Psychotherapy with Children by Robbie Adler-Tapia and Carolyn Settle (135.95) \$50.00
- Looking Through the Eyes of Trauma and Dissociation: An illustrated guide for EMDR therapists and clients. By Sandra Paulsen (34.95) 15.00
- EMDR Solutions: Pathways to Healing Edited by Robin Shapiro (49.00) 20.00
- EMDR Solutions II: For Depression, Eating Disorders, Performance, and More Edited by Robin Shapiro (49.00) 20.00
- EMDR New Notes on Adaptive Information Processing with Case Formulation Principles, Forms, Scripts and Worksheets by Francine Shapiro (US 10.50) 5.00
- Brave Bart, A story for Traumatized and Grieving Children by Caroline H. Sheppard (80.45) 20.00

DBT (Dialectical Behavior Therapy)

- Cognitive Behavioral Treatment of Borderline Personality Disorder by Marsha M. Linehan (116.54) \$50.00
- Skills Training Manual for Treating Borderline Personality Disorder by Marsha M. Linehan (37.27) 15.00
- DBT Skills Training: Handouts and Worksheets (Second Edition) by Marsha M. Linehan (58.95) 25.00
- DBT made simple: A Step-by-Step Guide to Dialectical Behavior Therapy by Sheri Van Dijk (US 39.95) 25.00
- Calming the Emotional Storm: Using Dialectical Behavior Therapy Skills to Manage your Emotions & Balance Your Life by Sheri Van Dijk (22.95) 10.00
- Borderline Personality Disorder Tool Box: A Practical Evidence-Based Guide to Regulating Intense Emotions by Jeff Rigenbach (38.26) 15.00
- Don't Let Your Emotions Run Your Life: How Dialectical Behavior Therapy Can Put You in Control (26.95) 10.00
- Don't let your emotions run your life for teens: Dialectical behavior therapy skills for helping you manage mood swings, control angry outbursts, and get along with others by Sheri Van Dijk (22.00) 10.00
- The Dialectical Behavior Therapy Skills Workbook: Practical DBT Exercises for Learning Mindfulness, Interpersonal Effectiveness, Emotion Regulation & Distress Tolerance by Matthew McKay; Jeffrey Wood; Jeffrey Brantley (US 22.95) 10.00
- Stop Walking on Eggshells (Second Edition) taking your life back when someone you care about has Borderline Personality Disorder by Paul T. Mason, and Randi Kreger (22.95) 10.00

- Disarming the narcissist (second edition) Surviving and Thriving with the Self-Absorbed, by Wendy T. Behary (19.49) 10.00

Trauma Work

- The Haunted Self: Structural Dissociation and the treatment of Chronic Traumatization by Onno van der Hart; Ellert R. S. Nijenhuis; Kathy Steele (\$55.00) 25.00
- Prolonged Exposure Therapy for PTSD: Emotional Processing of Traumatic Experiences (Therapist Guide) by Edna B. Foa; Elizabeth A Hembree, Barbara Olasov Rothbaum (67.95) 30.00
- Reclaiming Your Life from a Traumatic Experience: Workbook focusing on Prolonged Exposure Therapy by Barbara Olasov Rothbaum, Edna B. Foa, Elizabeth A. Hembree (47.50) 20.00
- Reclaiming Your Life from a Traumatic Experience: Workbook focusing on Prolonged Exposure Therapy by Barbara Olasov Rothbaum, Edna B. Foa, Elizabeth A. Hembree (47.50) 20.00
- Trauma and Recovery: The aftermath of violence from domestic abuse to political terror. By Judith Lewis Herman. (18.75) \$5.00
- Seeking Safety: A Treatment Manual for PTSD and Substance Abuse by Lisa M. Najavites (62.00) 30.00
- The PTSD Workbook: Simple, Effective Techniques for Overcoming Traumatic Stress Symptoms by Mary Beth Williams and Soili Poijula (US 17.95) 10.00
- The Post-Traumatic Stress Disorder Sourcebook: A guide to Healing, Recover and Growth by Glenn R. Schiraldi (27.95) 10.00
- Tools for Transforming Trauma by Robert Schwarz (66.03) 25.00
- I Can't Get Over It: A Handbook for Trauma Survivors (Second Edition) by Aphrodite Matsakis (42.58) 20.00
- Cognitive Processing Therapy for Rape Victims- A Treatment Manual by Patricia A. Resick & Monica K. Schnicke – (original price unknown) \$5.00
- Resolving Sexual Abuse – Solution-Focused Therapy and Ericksonian Hypnosis for Adult Survivors by Yvonne Dolan (45.00) \$20.00
- Healing Your Emotional Self: A Powerful Program to Help You Raise your self-Esteem, Quit your Inner Critic, and Overcome your Shame, by Beverly Engel (24.49) 10.00

Cognitive Therapy for Adults

- Cognitive Therapy for Challenging Problems: What to do when the Basics don't Work. By Judith S. Beck (US 53.00) 25.00
- Cognitive Therapy for Challenging Problems: What to do when the Basics don't Work. By Judith S. Beck (US 53.00) 25.00
- Cognitive Therapy of Personality Disorders (Second Edition) by Aaron T. Beck, Arthur Freeman, Denise D. Davis and Associates) \$10.00
- Cognitive Therapy of Anxiety Disorders Science and Practice by David A. Clark and Aaron T. Beck (89.12) 40.00
- The Anxiety & Worry Workbook: The Cognitive Behavioral Solution by David A. Clark and Aaron T. Beck (21.95) 10.00
- Schizophrenia: Cognitive Theory, Research and Therapy by Aaron T. Beck, Neil A. Rector, Neal Stolar, Paul Grant (103.25) 50.00

- The Complete Beck diet for life (The 5-Stage Program for Permanent Weight Loss) by Judith S. Beck (31.26) 10.00
- Schema Therapy: A Practitioner's Guide by Jeffrey E. Young, Janet S. Klosko, Marjorie E. Weishaar (75.17) 30.00
- Overcoming Obsessive-Compulsive Disorder: A behavioral and Cognitive Protocol for the Treatment of OCD- Client Manual by Gail Steketee (US 15.95) 10.00
- Overcoming Panic, Anxiety & Phobias: New Strategies to Free Yourself from Worry and Fear (19.95) 10.00
- The Anxiety Workbook for teens: activities to help you deal with anxiety & worry – by Lisa M. Schab (US 14.95) 10.00
- The 10 Best-Ever Anxiety Management Techniques Workbook- Includes Audio CD of Author-Led Exercises by Margaret Wehrenberg (23.00) 10.00
- The Wellness Workbook for Bipolar Disorder: Your Guide to Getting Healthy & Improving Your Mood by Louisa Grandin Sylvia (US 24.95) 10.00
- Favorite Counseling and Therapy Techniques: 51 Therapists Share their Most Creative Strategies, Edited by Howard G. Rosenthal (27.95) 10.00
- Treating Trichotillomania: Cognitive-Behavioral Therapy for Hairpulling and Related Problems by Martin E. Franklin and David F. Tolin (131.50) 50.00
- Pearls: meditations on recovery from hair pulling & skin picking by Christina Sophia Pearson (19.64) 5.00
- Overcoming Body Dysmorphic Disorder: A Cognitive Behavioral Approach to Reclaiming Your Life, by Fugen Neziroglu, Sony Khemlani-Patel, Melanie T. Santos (57.00) 20.00
- 123 Therapist's Guide to Clinical Intervention: The 1-2-3's of Treatment Planning by Sharon L. Johnson (75.04) 20.00

Mindfulness

- Mindfulness-Based Cognitive Therapy for Depression-A New Approach to Preventing Relapse by Zindel V. Segal; J. Mark G. Williams; John D. Teasdale (43.59) \$20.00
- Mindfulness Integrated CBT For Well-Being and Personal Growth: Four Steps to Enhance Inner Calm, Self-Confidence and Relationships, by Bruno A. Cayoun (40.95) \$20.00
- The Mindfulness & Acceptance Workbook for Anxiety: A guide to Breaking Free from Anxiety, Phobias & Worry Using Acceptance & Commitment Therapy (Includes CD with guided mindfulness meditations & bonus worksheets & self-assessments by John P. Forsyth and Georg H. Eifert (US 21.95) 10.00
- Meditations: Creative Visualization and Meditation Exercises to Enrich Your Life by Shakti Gawain (14.21) 5.00 (a bit of water damage)
- Just one Thing: developing a buddha brain one simple practice at a time by Rick Hanson (US 15.95) 10.00

Treatment of Depression

- The Psychological Treatment of Depression: A guide to the Theory and Practice of Cognitive-Behavior Therapy by J. Mark G. Williams (40. 71) 20.00
- The Feeling Good Handbook by David D. Burns, MD (23.99) 10.00

- Ten Days to Self-Esteem: The Leader's Manual by David D. Burns (37.95) 15.00
- Ten Days to Self-Esteem: Defeat Depression; Develop Self-Esteem; Discover the Secrets of Joy in Daily Living by David D. Burns (24.50) 10.00
- The Self-Esteem Workbook by Glenn R. Schiraldi (US 18.95) 10.00

Emotionally Focused Therapy

- Facilitating Emotional Change: The Moment-by-Moment Process by Leslie S. Greenberg, Laura N. Rice and Robert Elliott (61.50) 25.00
- Learning Emotion-Focused Therapy: The Process-Experiential Approach to Change by Robert Elliott, Jeanne C. Watson, Rhonda N. Goldman, and Leslie S. Greenberg (US73.07) 25.00

Anger Management

- When Anger Hurts: Quieting the Storm Within (Second Edition) by Matthew McKay, Peter D. Rogers, Judith McKay (20.95) 10.00
- The Anger Control Workbook: Simple, innovative techniques for managing anger and developing healthier ways of relating. By Matthew McKay & Peter Rogers (US 17.95) 10.00
- Transforming Conflict by David B. Moore and John M. McDonald (9.99) 5.00

Couples Therapy

- The Seven Principles for Making Marriage Work: a Practical Guide from the Country's Formost Relationship Expert, by John Gottman (21.00) 10.00
- Love is Never Enough by Aaron T. Beck (US 14.99) 5.00
- After the Affair: Healing the Pain and Rebuilding Trust When a Partner Has been Unfaithful, by Janis Abrahms Spring with Michael Spring (23.00) 10.00
- How Can I Forgive You: The Courage to Forgive, the Freedom Not To, by Janis Abrahms Spring with Michael Spring (24.00) 10.00
- Getting the Love You want: A Guide for Couples (20th Anniversary Edition) by Harville Hendrix (17.00) 5.00
- The Five Love Languages: How to Express Heartfelt Commitment to Your Mate(Includes the Five Love Languages Personal assessment Tool) by Gary Chapman (16.99) 5.00
- Come As You Are: The Surprising New Science That Will Transform Your Sex Life, Revised and Updated by Emily Nagoski (25.00) 10.00

Hypnosis

- Hypnotic Scripts That Work, The Breakthrough Book – Version 7.0: A Hypnosis Script Encyclopedia for Professional Hypnotists by John Cerbone (102.15) 40.00
- Handbook of Hypnotic Suggestions and Metaphors: An American Society of Clinical Hypnosis Book. Edited by D. Corydon Hammond (80.50) 35.00

Health Psychology

- How to Be Sick: A Buddhist-Inspired Guide for the Chronically Ill and their Caregivers (Second Edition) by Toni Bernhard (26.59) 10.00

- Treating Health Anxiety and Fear of Death: A Practitioner's Guide, by Patricia Furer, John R. Walker, Murray B. Stein (290.04) 50.00

Eating Disorders

- The Golden Cage: the Enigma of Anorexia Nervosa by Hilde Bruch (27.08) 10.00
- The Bulimia Workbook for Teens: Activities to help you stop bingeing and purging, take control of your relationship with food, understand and handle difficult feelings, care for and respect your body by Lisa M. Schab (24.00) 10.00
- Living Binge-Free A Personal guide to victory over compulsive eating (11.95) 5.00
- The Dialectical Behavior Therapy Skills Workbook for Bulimia: Using DBT to Break the Cycle and Regain Control of Your Life, by Ellen Astrachan-Fletcher and Michael Maslar ((US 21.95) 10.00

Psychodynamic approaches to Therapy

- Supportive Therapy for Borderline Patients – a Psychodynamic Approach by Lawrence H. Rockland (76.00) 30.00
- Principles of Psychoanalytic Psychotherapy: A Manual for Supportive Expressive Treatment by Lester Luborsky (34.99) 15.00
- Man and His Symbols, Edited and with Introduction by Carl Jung (36.71) 15.00
- The Undiscovered Self, by Carl. G. Jung (14.99) 5.00

Cognitive Therapy for Children

- Cognitive Therapy for Children and Adolescents 2nd Edition, Edited by Mark A. Reinecke, Frank M. Dattilio, Arthur Freeman (55.00) 25.00
- Clinical Practice of Cognitive Therapy with Children and Adolescents: The Nuts and Bolts, by Robert D. Friedberg and Jessica M. McClure (First Edition; No price available) 10.00
- Worried No More: Help and Hope for Anxious Children by Aureen Pinto Wagner (Second Edition) (US 24.95) 15.00
- Worried No More: Teaching Tools and Forms: The Professional's Toolkit to Put Worried No More into Action Includes CD by Aureen Pinto Wagner (US 59.95) 30.00
- Up and Down the Worry Hill: A Children's Book about Obsessive-Compulsive disorder and its Treatment (Second Edition) by Aureen Pinto Wagner (24.85) 10.00
- What to Do When Your Brain Gets Stuck: A Kid's Guide to Overcoming OCD, by Dawn Huebner (23.95) 10.00
- Talking Back to OCD: The Program That Helps Kids and Teens Say "No Way" - and Parents Say "Way to Go" by John S. March (US \$15.95) (10.00)
- The Relaxation & Stress Reduction Workbook for Kids: Help for Children to Cope with Stress, Anxiety & Transitions (22.00) 10.00
- Cognitive Therapy for Adolescents in School Settings by Torrey Creed, Jarrod Reisweber, and Aaron T. Beck (84.78) 40.00
- Boundaries: A guide for Teens: How to build relationships that protect your personal space and respect your feelings by Val J. Peter & Tom Dowd (12.95) 5.00

Play Therapy for Children

- Creative Interventions for Troubled Children & Youth by Liana Lowenstein (32.61) 15.00
- More Creative Interventions For Troubled Children & Youth by Liana Lowenstein (32.61) 15.00
- Creative Interventions for Bereaved Children by Liana Lowenstein (32.61) 15.00
- Creative Interventions for Children of Divorce by Liana Lowenstein (35.41) 15.00

Family Therapy

- Family-of-Origin Therapy, An Intergenerational Approach by James L. Framo (52.81) 20.00
- Doing Family Therapy (Second Edition): Craft and Creativity in Clinical Practice by Robert Taibbi (36.30) 15.00

Parenting

- 1-2-3 Magic Effective Discipline for Children 2-12 (3rd Edition) by Thomas W. Phelan (US 8.67) 5.00
- Hold On To Your Kids: Why Parents Need to Matter More than Peers (Second Edition) by Gordon Neufeld and Gabor Mate (23.85) 10.00
- Raising an Emotionally Intelligent Child: The Heart of Parenting, by John Gottman (23.00) 10.00

Ethics

- Ethics for the Practice of Psychology in Canada (Second Edition) by Derek Truscott and Kenneth H. Crook (26.76) 10.00

Grief and Loss

- Grief as a Family Process: A Developmental Approach to Clinical Practice, by Ester R. Shapiro (39.00) 10.00
- On Death and Dying: What the dying have to teach doctors, nurses, clergy and their own families, by Elisabeth Kubler-Ross (First Edition; 8th printing) 5.00
- The Grief Recovery Handbook (20th Anniversary Expanded Edition) The Action Program for Moving Beyond Death, Divorce, and Other Losses, Including Health, Career, and Faith by John W. James and Russell Friedman (21.00) 10.00
- Moving Beyond Loss: Real Answers to Real Questions from Real People, by Russell Friedman and John W. James (18.95) 5.00
- Surviving Death: Healing and Growing through Grief, by James Taylor (33.80) 15.00
- Surviving Death: Healing and Growing through Grief, by James Taylor (33.80) 15.00
- How to Go On Living When Someone You Love Dies by Therese A. Rando (17.95) 5.00
- The Phoenix Phenomenon: Rising from the Ashes of Grief by Joanne T. Jozefowski (90.25) 30.00
- Grief Counseling and Grief Therapy (Third Edition) A Handbook for the Mental Health Practitioner, by J. William Worden (Price of 4th Edition – 96.04) 5.00
- Grief's Courageous Journey: A Workbook, by Sandi Caplan & Gordon Lang (19.95) 5.00
- Understanding Your Grief: Ten Essential Touchstones for Finding Hope and Healing Your Heart by Alan D. Wolfelt (22.95) 10.00

- The Understanding Your Grief Journal: Exploring the Ten Essential Touchstones: A companion workbook to Understanding Your Grief, by Alan D. Wolfelt (22.95) 10.00

Self-Awareness as a Therapist

- Maybe You Should Talk to Someone: A Therapist, Her Therapist, and Our Lives Revealed, by Lori Gottlieb (40.00) 15.00